

# Wellbeing Campaign 2019 Round-up

The Wellbeing ambassadors kickstarted 2019 with a month-long campaign to share with you great videos from some of our Business Units, photos of events from last year, and some reminders on the importance of Wellbeing at Colart - we hope you enjoy them!

## What does wellbeing at Colart mean ?

Our commitment to the wellbeing of our people is at the heart of everything we do. We recognise the need to adopt a holistic, 'whole person' approach to how we think about the wellbeing of our workforce. We believe this is the best way to foster the family feel we strive for at Colart and to be able to deal with and react to changing needs to deliver our strategic goals.

We have created a network of Colart employees called the Wellbeing Ambassadors which is committed to organising our wellbeing calendar based on a programme of physical, social and mental/emotional initiatives. These activities and events are tailored to suit each Colart site around the world and includes holistic activities that care for people's wellbeing. A great example are the yoga sessions happening across most sites"

## Some of the initiatives from 2018

The Wellbeing ambassadors across all business sites have organised a lot of activities last year, here are a few pictures...

To see more pictures, have a look at our Wellbeing 2018 Activities booklet [by clicking here](#).



(left : Bowling night in Minehead ; right : Halloween bake-off at Head Office)



(left : charity run in Le Mans ; right : foam animal carving in Benelux)



(left : monthly birthday celebration in Piscataway ; right : escape game in Madrid)

## Wellbeing and our Values

Our 4 values (openness, passion, innovation and quality) describe how we do things at Colart. They ensure that we're all working together and pulling in the same direction. We believe that by living these values, we create a strong culture that supports and nurtures a happy, engaged and productive workforce.

[The Colart Way](#) is about bringing to life these values through leadership behaviours. We are all leaders in the business, whether we lead ourselves, others, and/or the business working collaboratively to reach our vision.

People are our most valuable asset and this is why we encourage everyone to live the Colart Way which supports the wellbeing of all employees. All the activities offered by the Wellbeing Ambassadors support this and enhance the unity of our company at every level.

## Our Wellbeing Ambassadors

The Colart family has 26 motivated Wellbeing Ambassadors across all Business Units. They propose different and innovative ideas for their local office.

We are preparing the 2018 booklet with a lot of pictures of these activities – stay tuned! In the meantime, click on the image below to read some testimonials from our ambassadors about what wellbeing means to them in their daily lives:



### **Recognition at work increases the Wellbeing of employees**

In our latest employee survey, we noted that recognition came out as a strong need for all our people. With this in mind, Splash was designed to offer us all the ability to recognise each other through sending high-fives.

'High-fives' is a section on the platform that allows us to both give and receive real-time feedback and recognition to colleagues. It is a very simple tool that we know is becoming appreciated and valued by all.

Colart encourage all employees to use high-fives to recognise a great work or simply want to show someone their appreciation of the part they play in the Colart Family.

Let them know that they truly live our values of Openness, Passion, Innovation and Quality!

### **What does wellbeing mean to our Colart people?**

We have asked colleagues across the business to tell us what Wellbeing means to them, and they have created videos to let us know.

Here they are:

Video from [Le Mans](#)

Video from [Piscataway](#)

Video from [Tianjin](#)

Video from [Minehead](#)

Video from [Kidderminster](#)

Video from [Head Office](#)