

## Mentor Profile



<b>First name</b>	Jillian
<b>Last name</b>	Knechtel
<b>Job Title</b>	Project Manager
<b>Business Area</b>	DC Operations
<b>Location</b>	Piscataway, NJ USA
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<b>Languages for Mentoring</b>	English

### Experience: describe here your professional experience in a few words

I started at Colart 1 year ago, my most previous long term role was in the cosmetic industry and I was the Warehouse & Inventory Control Manager. I studied accounting at the University of Phoenix and Web Design and Business management at SUNY Utica. I have a Bachelor's degree in accounting and an associate's degree in Web Design & Business management.

### Key skills: write here your key skills and competences with the help of #

#ActiveListening #Patience #Influential #Innovative #ConfidenceBuilding  
#EncouragesSelfDevelopment #EffectiveCommunicator #VersedinAdultLearningTheory  
#EthicalPractices #SupportsCollabrativeEfforts #EncouragesPersonalGrowth #CriticalThinker

### On a more personal note...

Recently got married and I now have 2 children, a 12-year-old step-son and a 7-year-old daughter with Autism.

### Where you can add value:

Increasing the potential and functionality of an individual, encouraging cognitive thinking and collaborative efforts, developing personal processes and structured relationships, encouraging increased engagement of daily activities, finding purpose within on-going professional development, supporting personal reflection, knowledge review to lead the mentee to their own resolutions, cognitive thinking, drawing similarities in different situations and environments

### Personal experience/training underpinning the added value you can bring to the Mentee

e.g. knowledge of company, personal development, self-awareness, confidence building, creativity

Confidence building, personal development, directional support, personal reflection, networking, identification of educational issues, professional practices, supporting sustainability in the workplace, involvement in quality training and communication methods,