

Human Insights.  
Learnings from neuroscience.

Dr Andy Myers | [andy.myers@walnutunlimited.com](mailto:andy.myers@walnutunlimited.com)

WAL  
NUT

The human understanding agency.

We help brands reconnect with people, by understanding people. Interpreting human behaviour is a science, and an art. Knowing why people do what they do, what motivates, and doesn't. Exploring how we feel about the world around us, and where we're going next. Peeling back the layers of the thought process to grasp and focus on the complex truth inside. Because understanding gives instant access to the modern mind, and the human heart.

The human understanding agency.

WAL | T  
A | U  
L | N



# Introduction.

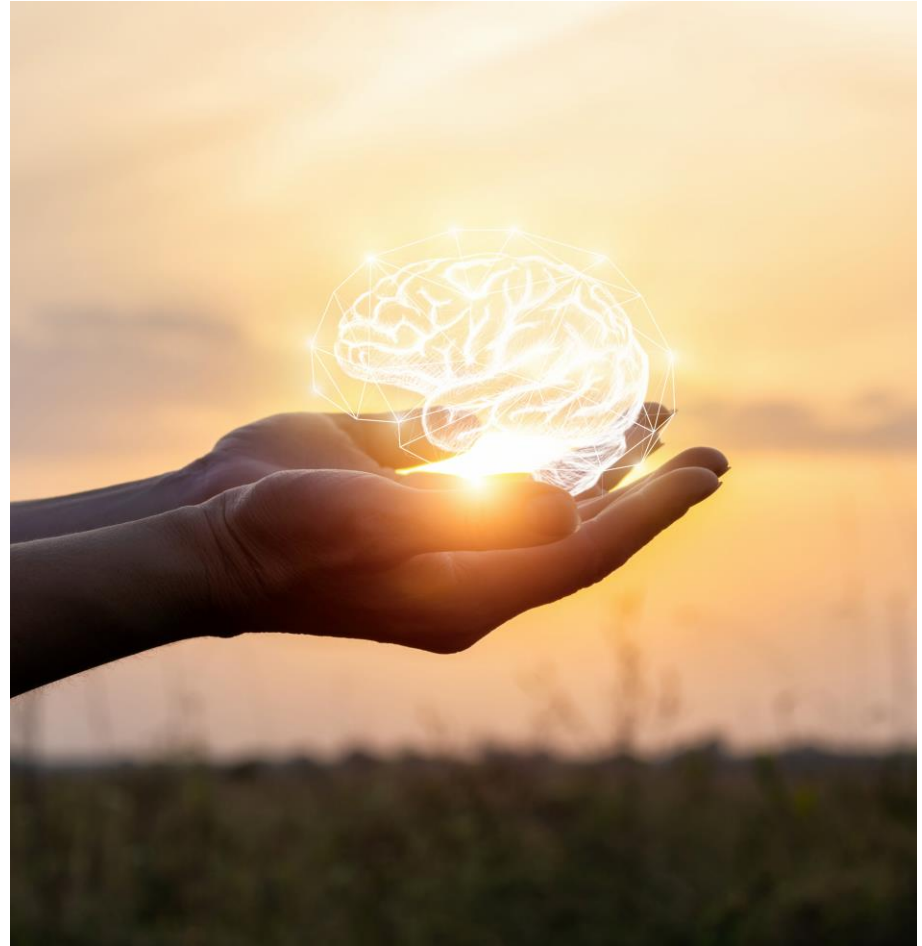
# Intro to neuromarketing.

There are many definitions of neuromarketing, but this sums it up quite well...

*Neuromarketing is the application of neuroscience to marketing. Neuromarketing includes the direct use of brain imaging, scanning, or other brain activity measurement technology to measure a subject's response to specific products, packaging, advertising, or other marketing elements.*

*In some cases, the brain responses measured by these techniques may not be consciously perceived by the subject; hence, this data may be more revealing than self-reporting on surveys, in focus groups, etc.*

Neuromarketing is actually quite a broad term for techniques including neuroscience, cognitive and social psychology.



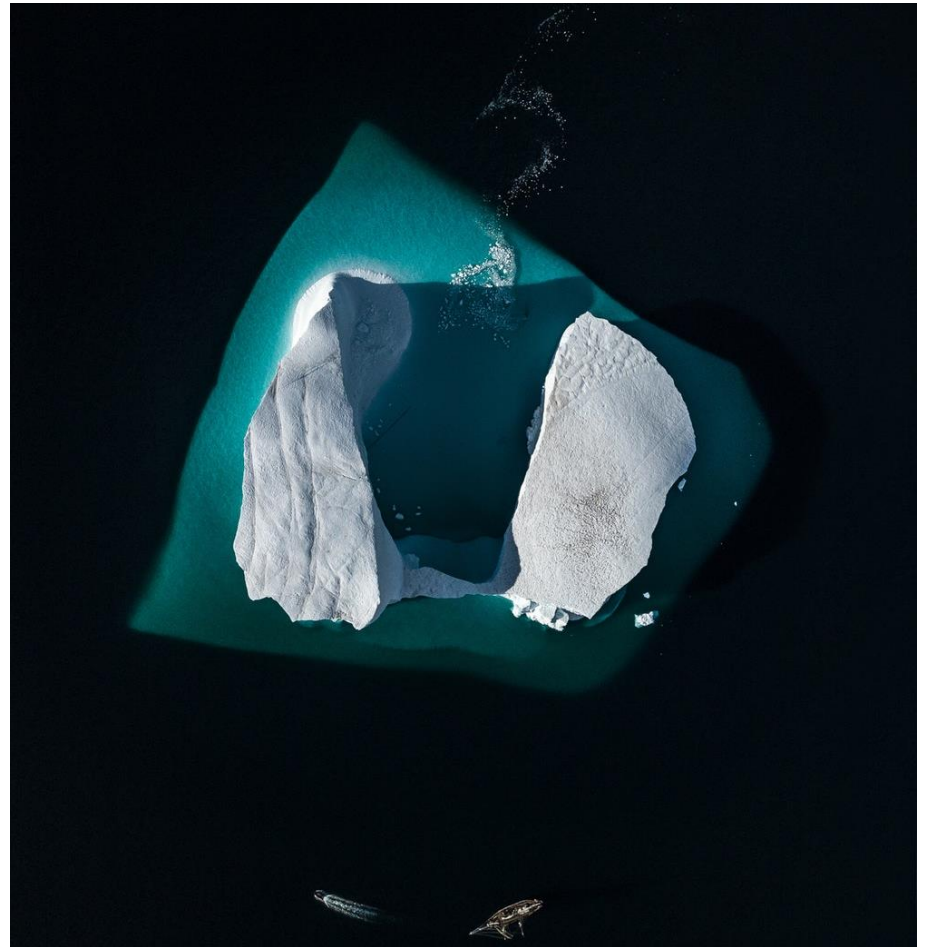
# Why use consumer neuroscience?

We lack access to our thought processes and emotion.

Many decisions are driven by an emotional reaction

Neuro tools remove reporting bias, false reporting and subjectivity

Neuroscience gives a deeper understanding of the emotional processing in decision-making



A brand's main aim should be to emotionally connect with people.



# A brand is more than the...



Logo




Product



Experience



Pack

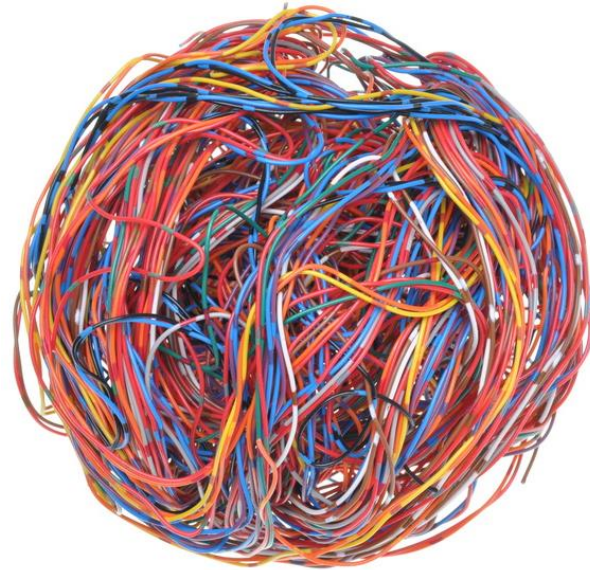


A brand on the brain is nothing  
more than a web of connecting  
neurons that fire!

Giep Franzen  
The Mental World of Brands, Mind, Memory and Brand Success



# Your brand in the brain.



Brands are expectations based on memories.



This is how brands become shortcuts in decision-making.

Fundamentals of  
consumer  
neuroscience.



# The pillars of neuroscience.

## We are our connections.

We are wired to be connected, to be social. These social interactions shape the way we feel the world around us.

Context shapes our genes and our genes shape the context

## We are our emotion.

We cannot make decisions without emotion!

Someone doesn't believe you – just show them a [cat](#) and a [cucumber](#)!

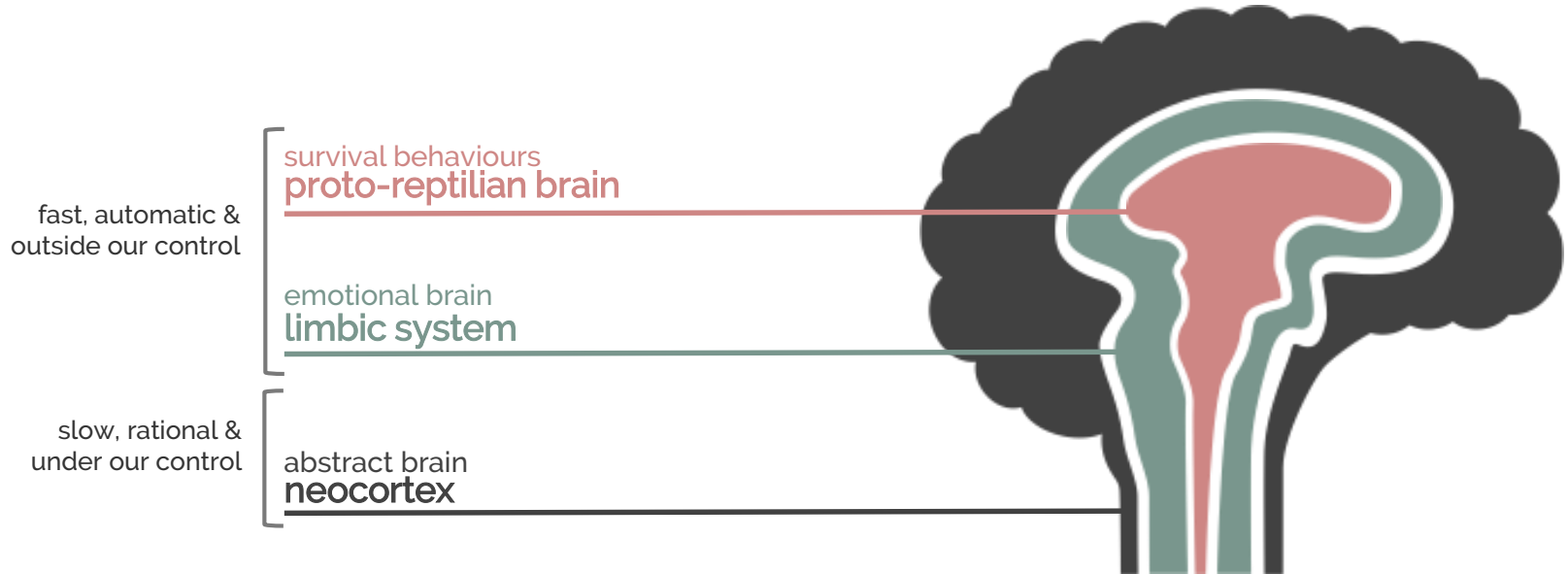
## We are our unconscious.

Our unconscious mind makes up much of what the brain does.

Don't take our word for it – [see what the scientist say on the BBC.](#)

# How our brain works.

The brain was designed to feel, not to think.



The emotional revolution.

# Neuroscience: the new paradigm.



The feeling dimension has been the missing link to understand behaviour.

## Just a quick note...

Many of the examples use neuro techniques that are described in the next slides!

# Overview of the neuro and biometric measures.

[Click here to see fieldwork in action and an explanation of our measures](#)

## What about all that noise?

EEG particularly is particularly prone to 'noise' in the data, that is - things that affect the data other than we are interested in, for example blinking, head movement etc.

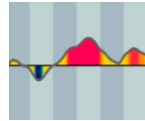
Because about 90% of raw EEG signal is noise it is important to consider this variable (and one reason that raw EEG data is not interpretable). Our algorithms clean the data and finds expected patterns, these include various types of filtering to ensure high quality of the signal itself as well as features that we apply during the study (blank pages before the stimuli, calibration, resting baseline, etc.).

Further the EEG algorithms have been developed to replicate around 80% of medical grade EEG, this means we have a portable and easy to use system that has been validated versus the highest quality equipment.



### EEG - Electroencephalograph.

Measures electrical activity from the brain. Specifically are we **emotionally engaged** (approach/withdrawal) with what we are seeing. Is it (emotionally) relevant to us or not?



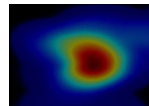
### GSR - Galvanic Skin Response.

Measures physiological arousal reaction from changes in skin conductance produced by sweat. It shows if we are **activated** by what we see or hear, but it does not tell us about (positive/negative) of the emotional reaction.



### ET - Eye Tracking.

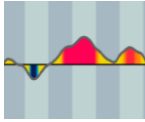
Measures visual attention. Where and what are people looking on the ad.



# A bit more detail please...



EEG



## Scientifically speaking...

Neuroscience measure - directly from the cortex

It measures higher order emotional responses. Specifically the measure we use is motivational valence based on Davidson's (1990) well established frontal asymmetry paradigm indicating "approach" or "withdrawal/avoidance" motivation.

It draws from the part of our brain that is a mix of our social emotions, habits, experiences, desires, perceptions and attitudes, as well as self-perception.

---

Biometric measure – autonomic nervous system

Controlled by subcortical (early) brain structures it measures emotional 'arousal'. Compared to EEG, this response may be thought of as fast/instinctive/primal given its origins in the brain.

This well established phenomena in the literature measures changes in skin conductance. Large changes in arousal (i.e. more sweat - higher activation) can be evoked by both very pleasurable and very repellent advertising stimuli. The measure ranges from high to low, giving us the amplitude of the response but not the direction

---

Biometric measure – visual attention

It measures visual attention, which elements of a creative is drawing the eye, in what order, and the level of focus at particular points.

## What it means for marketing...

Are we emotionally engaged (positive/negative) with what we are seeing? Is it relevant to us or not? This approach/withdrawal is indicative of this. While we do not know the exact nature of this e.g. is positive driven by love, pleasant, relaxing?

Often the lead measure as it can be more directly interpreted. The content and qual helps us to understand further..

Often referred to as 'emotional intensity', 'activation' or 'arousal' it shows us the instinctive reaction. For example, whether we are activated and energised by what we see or hear, but it does not tell us about the direction (positive/negative) or the emotion.

For example a peak in activation could occur when we are excited, annoyed or anticipating something – these are important markers of this instinctive reaction.

Context/content of the ad and qual can further help us to understand this.

What are people looking at and for how long? What are the patterns of their gaze, what first draws the eye etc.

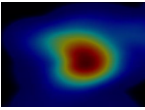
EEG and GSR measures can help us understanding what is driving this attention.



GSR



ET

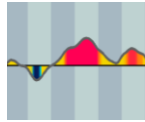


**Motivational valence (EEG)** and **arousal (GSR)** are independent of each other in their origin, i.e. they derive from different sources. However, their interpretation can be observed together – two measures that help to build a picture of the underlying emotional reactions.

# Understanding neuro output.



EEG



Above the line indicates that there is more "approach" (positive engagement) than "withdrawal" (negative engagement). The opposite is true when we see the emotion trace below the line, indicating there is more "withdrawal" (negative engagement).

**Red** = Positive emotional engagement that is statistically higher than baseline.

**Yellow** = Can be directionally positive or negative but is moderately so i.e. not significant.

**Blue** = Negative emotional engagement that is statistically lower than baseline.



GSR

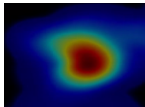


Measures the arousal. It tells us about the **peaks** in emotional reaction, not the direction (positive or negative).

The higher the bar, the greater the change in physiological activation/arousal from baseline at that moment, during the exposure to the stimulus.



ET



Heat maps

**Red**

**Yellow**

**Blue**

**No colour**

The majority of people are looking at the element

There is a medium level of attention towards the element

Very few people are looking at the element

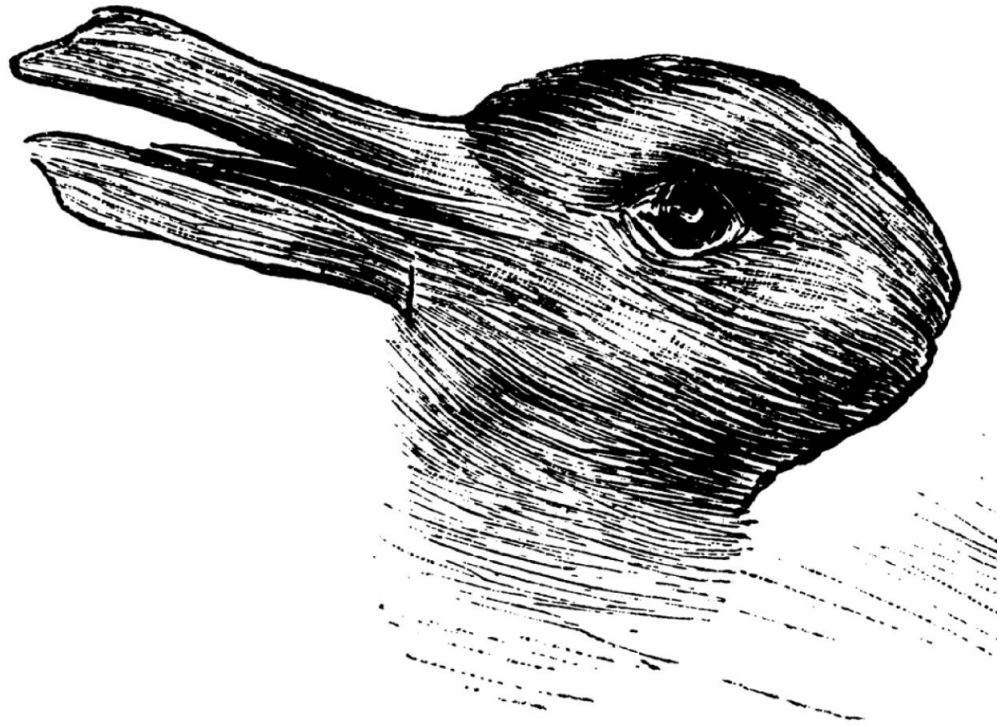
No-one is looking at the element

What do you see?

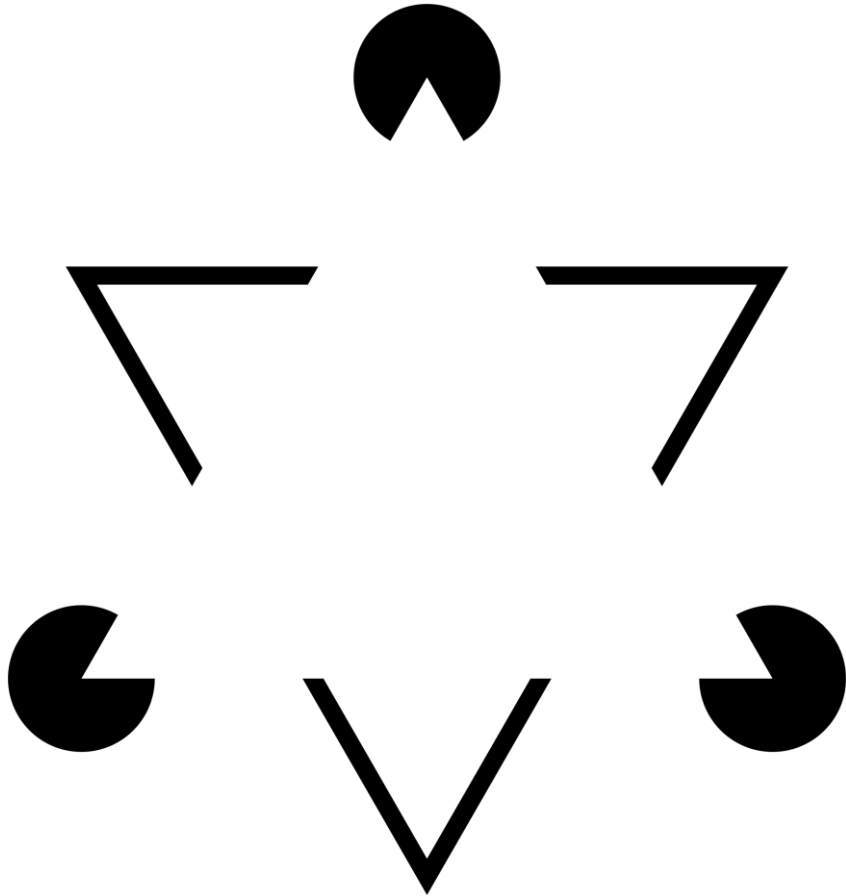
WAL  
|  
NUT



WAL  
|  
NUT



WAL  
|  
NUT



# Sensation vs. perception.

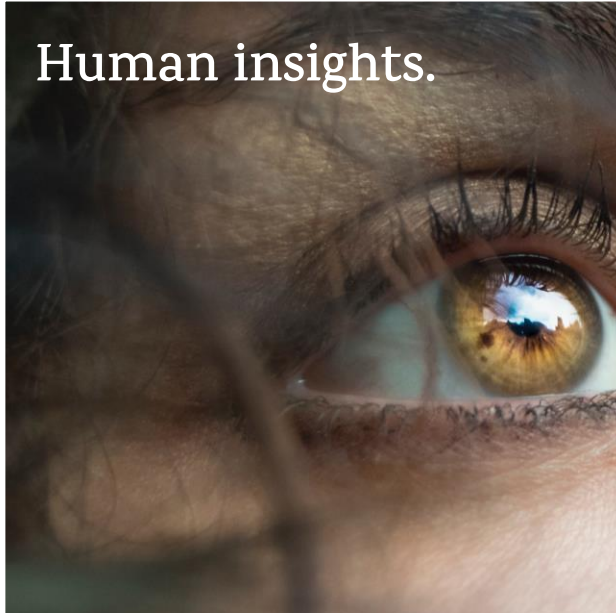
Sensation is the process in which the sensory receptors are stimulated, that produce nerve impulses to the brain.

Perception is how the brain interprets these signals, how it interacts with other senses, memory and emotion.

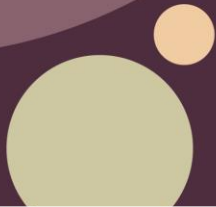
**The understanding of consumer perception is essential.**



Human insights.

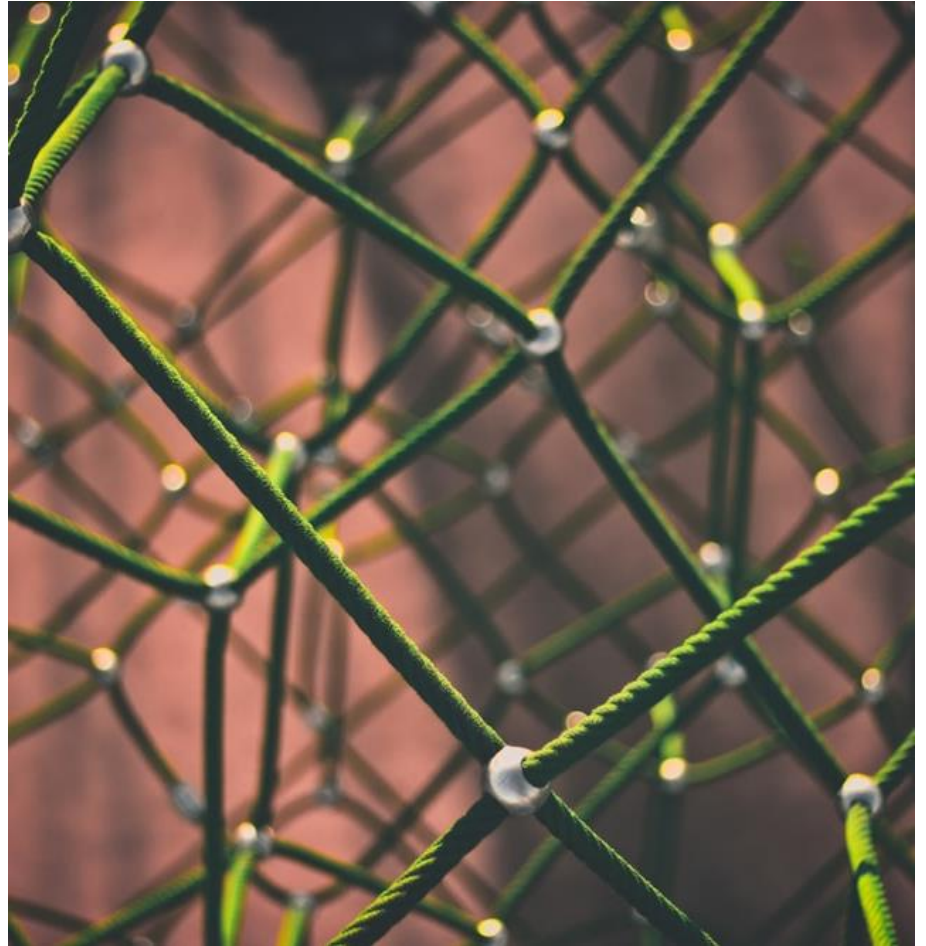


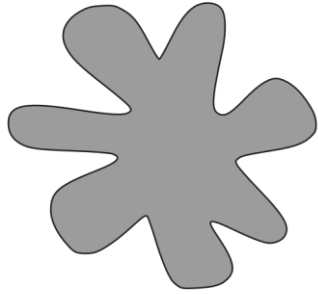
Everything works  
together.



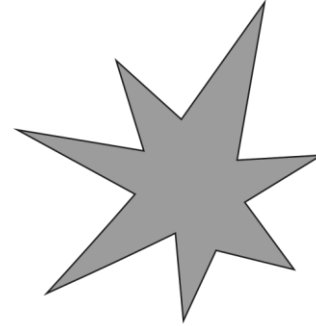
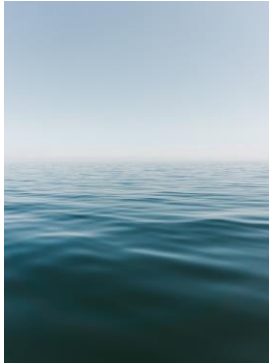
# All of our senses interconnect.

We do not experience anything through one sense alone. Taste for example is affected by smell, sound and what we see. The famous KIKI BOUBA studies have shown how we overlay almost universal perceptions onto mere shapes. These then extend to other areas for example, textures, sounds and even tastes!





BOUBA



KIKI



Food in (implied)  
motion is  
perceived as  
fresher and more  
appealing.

Fresh from the tree: Implied motion improves food  
evaluation. Yaniv Gvill et al. (2015)





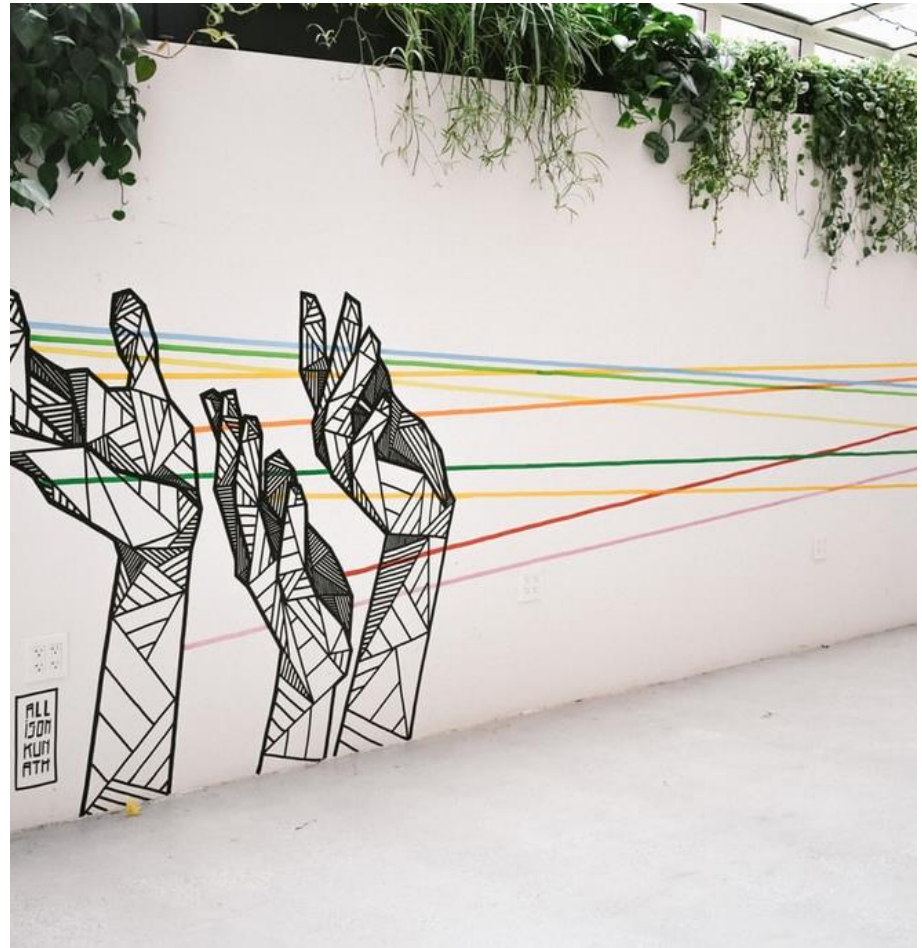
Effort and skill  
makes people pay  
more for it.

Van Doorn et al (2015) Latte art influences both the expected and rated value of milk-based coffee drinks, *Journal of Sensory Studies*, 30

# Embodied perception works better!



Consider how any image is activating numerous other associations, not necessarily just other images!



Mirror neurons.

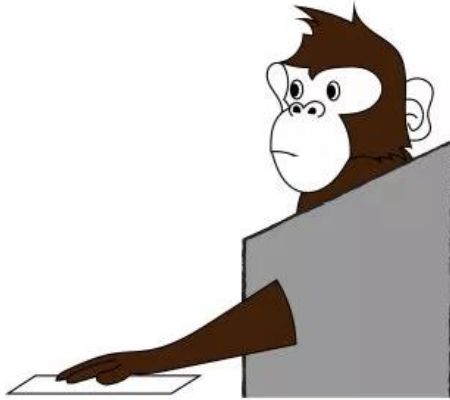


# Mirror neurons help us to interact with one another.

Mirror neurons are just that, they mimic the activity in the brain as we were experiencing it ourselves.



(A) Monkey at rest

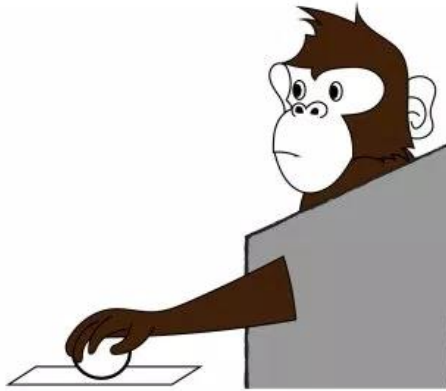


A mirror neuron is in a **resting state**



(No electrical signals)

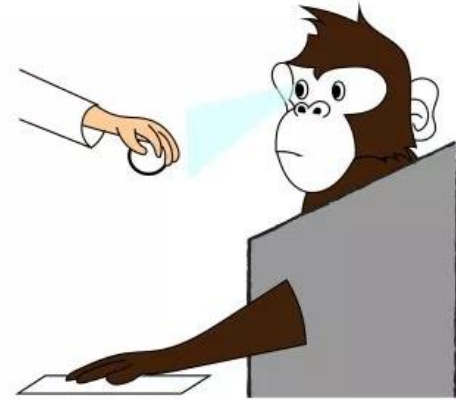
(B) Grasping execution



A mirror neuron **fires**



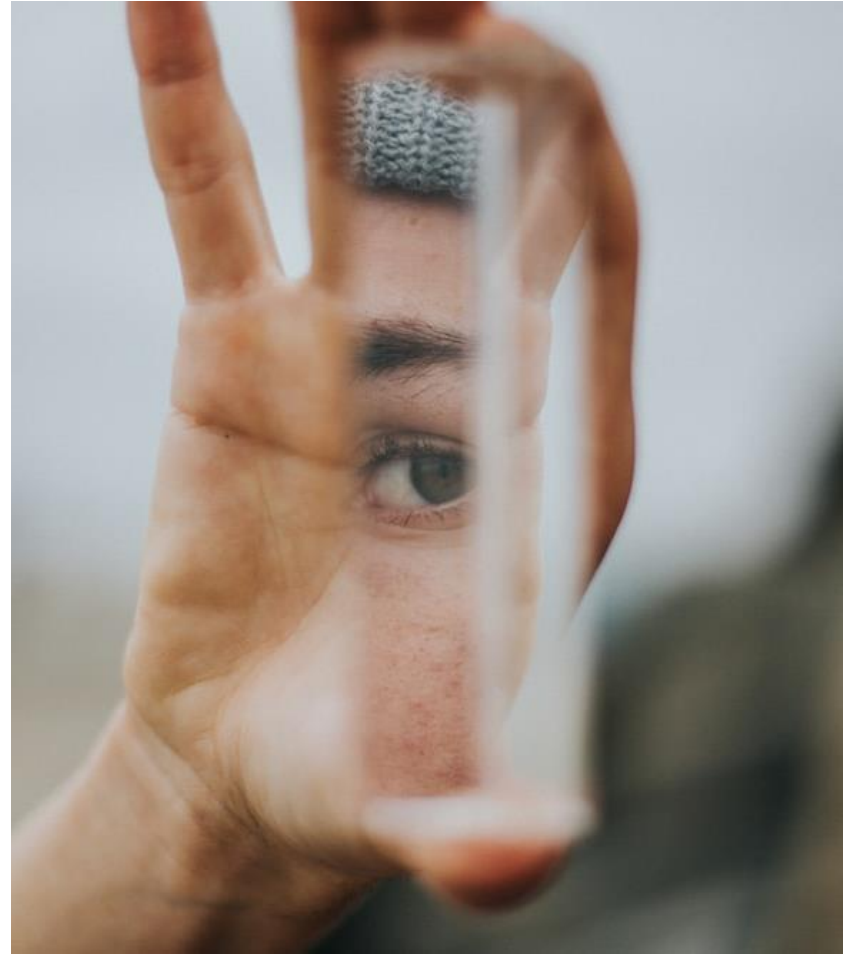
(C) Observation of grasping movements



A mirror neuron **fires**



Make it real,  
make it  
authentic.



The power of stories.



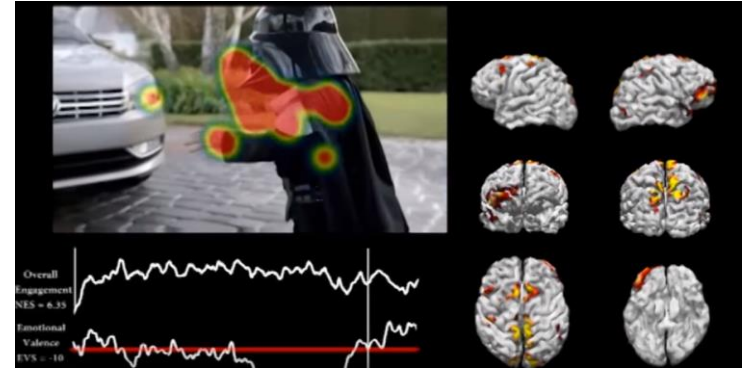


A story puts our whole  
brain to work...

# The Force (VW).

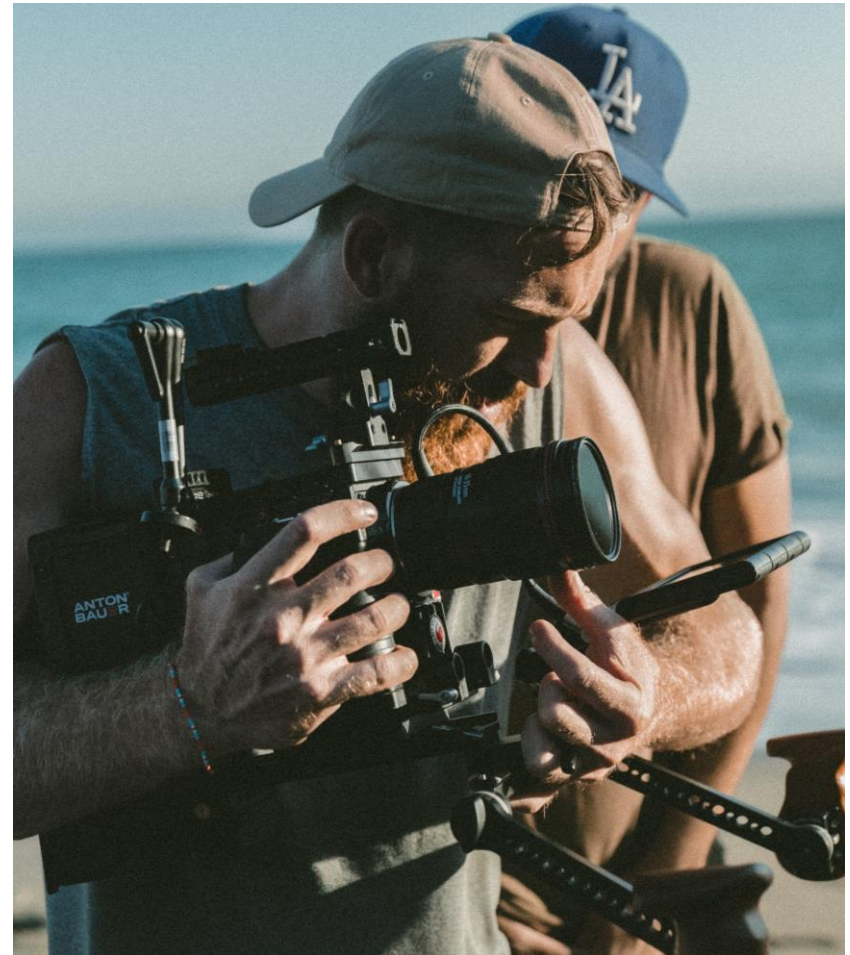
Credit: Sands Research

*By creating an engaging and emotional storyline with strong positive response, viewers were extensively engaged and strongly recalled the spot and more importantly, specifically recalled the brand associated with the commercial. Too often that correlation is lost and key branding moments are missed." You'll notice how clever Volkswagen was in putting the logo right at eye level as we get sucked into the emotional finale of the story. – Dr. Sands (Sands Research)*



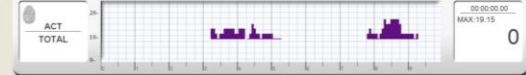
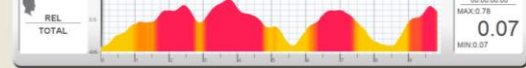
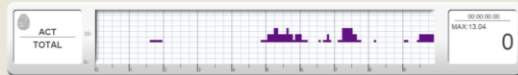
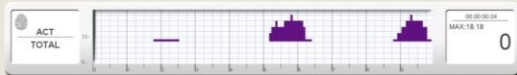
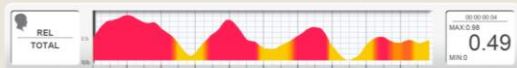
<https://www.youtube.com/watch?v=V3s2zUvuM1g>

Your brand needs to  
have a story that  
activates mirror neurons  
(empathy)...make them  
feel what you want them  
to feel.





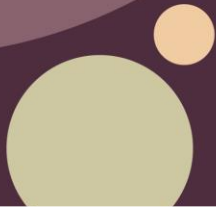
But can a picture tell a story?



An image does not generate a single emotional reaction but, just like a film or ad, has a whole rollercoaster of emotion!



Sometimes it just  
needs to be simple.





Our brains like to be shown evidence of a product's superiority – this can aid decision making.

This bounty ad clearly showed it's product superiority.



Powerful product demos  
are attractive to our  
brain and will  
unconsciously drive  
engagement, despite  
sometimes affecting  
rational likability!



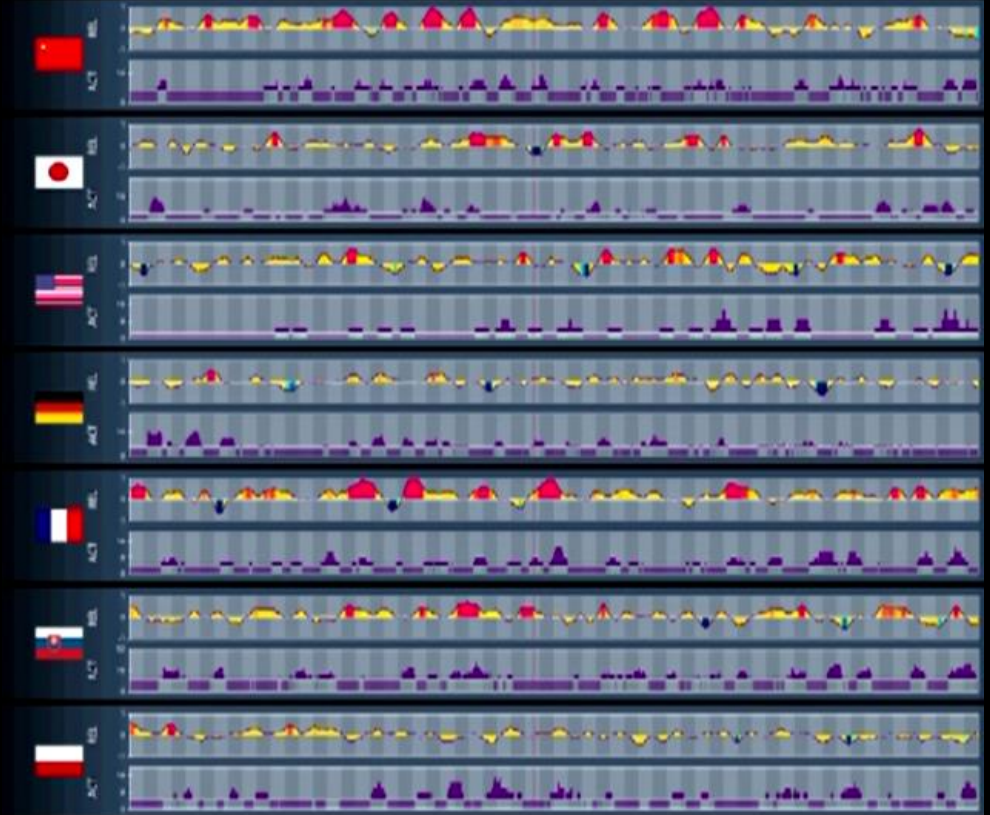
Cross culture.

The image features a dark purple background. In the top-left corner, the words 'WAL' and 'NUT' are stacked vertically in white, separated by a thin white horizontal line. A large, semi-transparent purple circle is positioned in the upper-left quadrant. A white rectangular frame is centered on the page, containing the text 'Cross culture.' in white. Below the text, within the frame, are two solid circles: a larger green one and a smaller orange one. The overall design is minimalist and modern.



Emotions are universal,  
but not feelings.

The same ad can have a completely different emotional reaction across different cultures.



Cross-cultural differences can be amplified at an emotional level!



Some bad news.





We are on the look out  
for the negative.

WAL  
|  
NUT

CASE STUDY I "STOP VIOLENCE"

# Anti-violence press campaign.

STOP  
PRZEMOCY



1

STOP  
PRZEMOCY



2

STOP  
PRZEMOCY

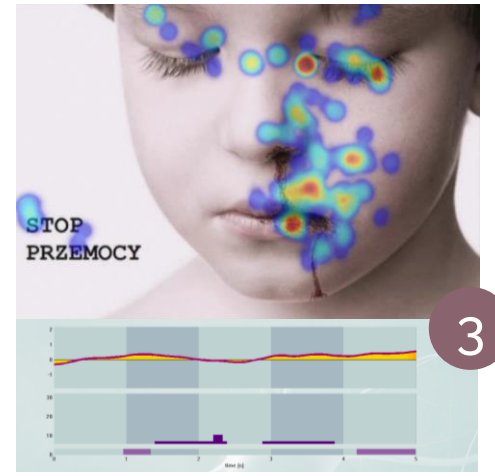
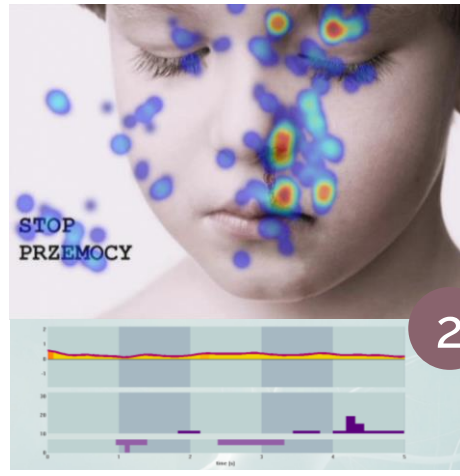
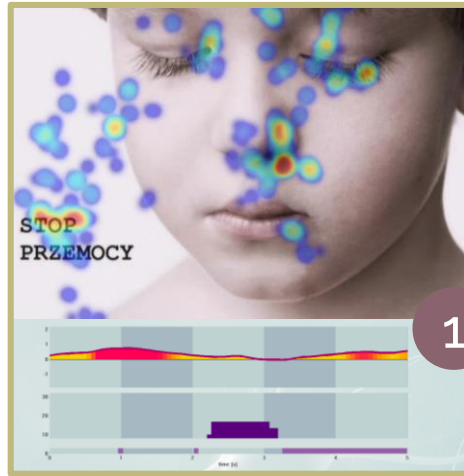


3

## Research question

Which campaign execution would result in the most effective response; one which would balance shock while ensuring the call to action cut through?

# Anti-violence press campaign.

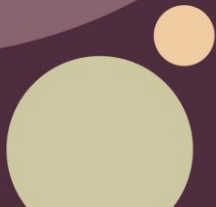


The first execution was the most effective. Eye tracking shows that the blood and call to action were attended to while EEG shows a significant level of engagement and GSR a high level of activation. Traditional research techniques may have led us to a different decision but the neuro data shows us how too much blood overwhelmed people at the expense of the call to action.

Our brains are attracted to the negative, it can be used to drive attention and engagement but is a complex creative element.



It's not what you say.



# Which of these images is rated as more attractive?

The image on the right!

If you look closely the pupil on the right image is larger – these small differences are picked up by the brain, often implicitly and signal things such as attractiveness and trust.



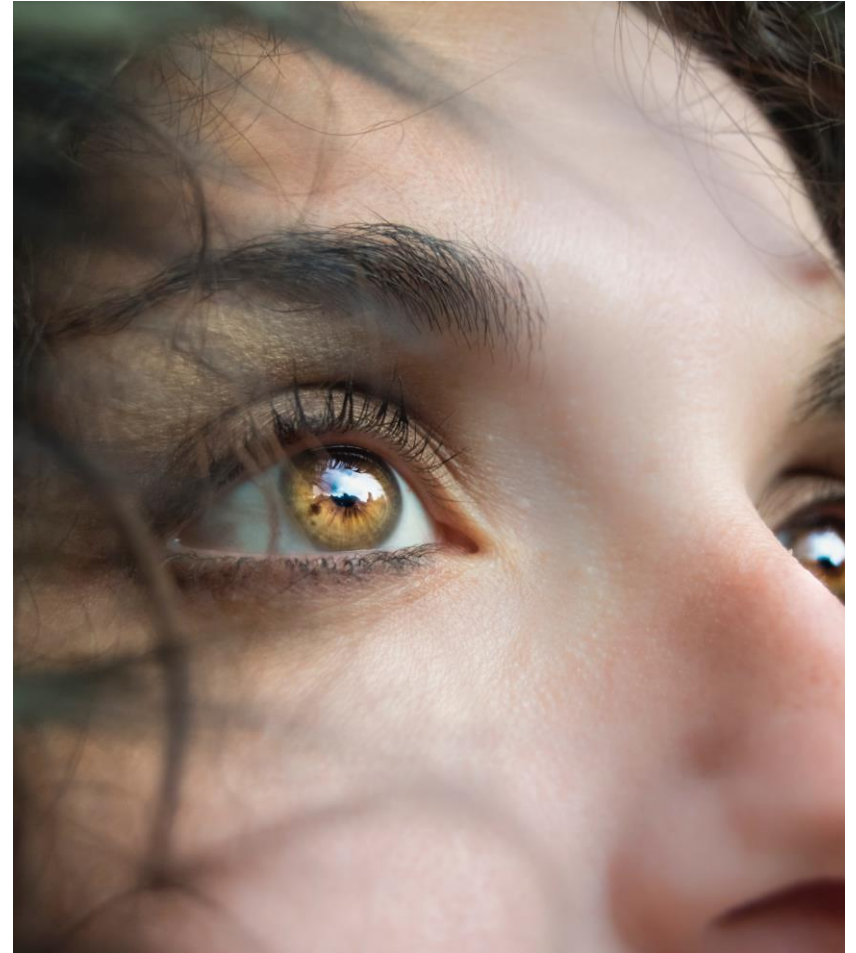


**Real Smile**



**Fake Smile**

Pupil dilation, even virtually, signals implicit cues to the brain including attractiveness & trust. Tiny changes in facial expression can be picked up by the brain, even if you are not consciously aware of it.



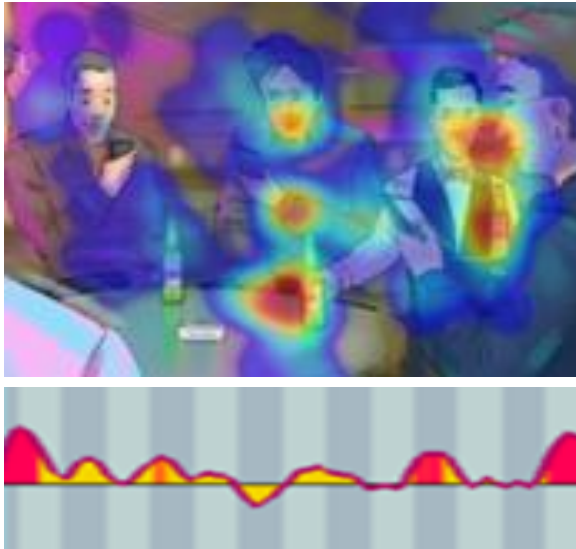
Faces.



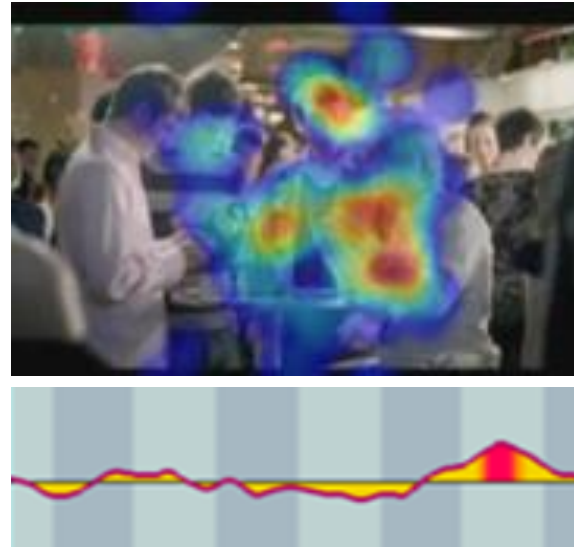


Faces are so important to humans that we have a specific brain region to process them - they are key to how we emotionally interact with others.

concept stage



final ad





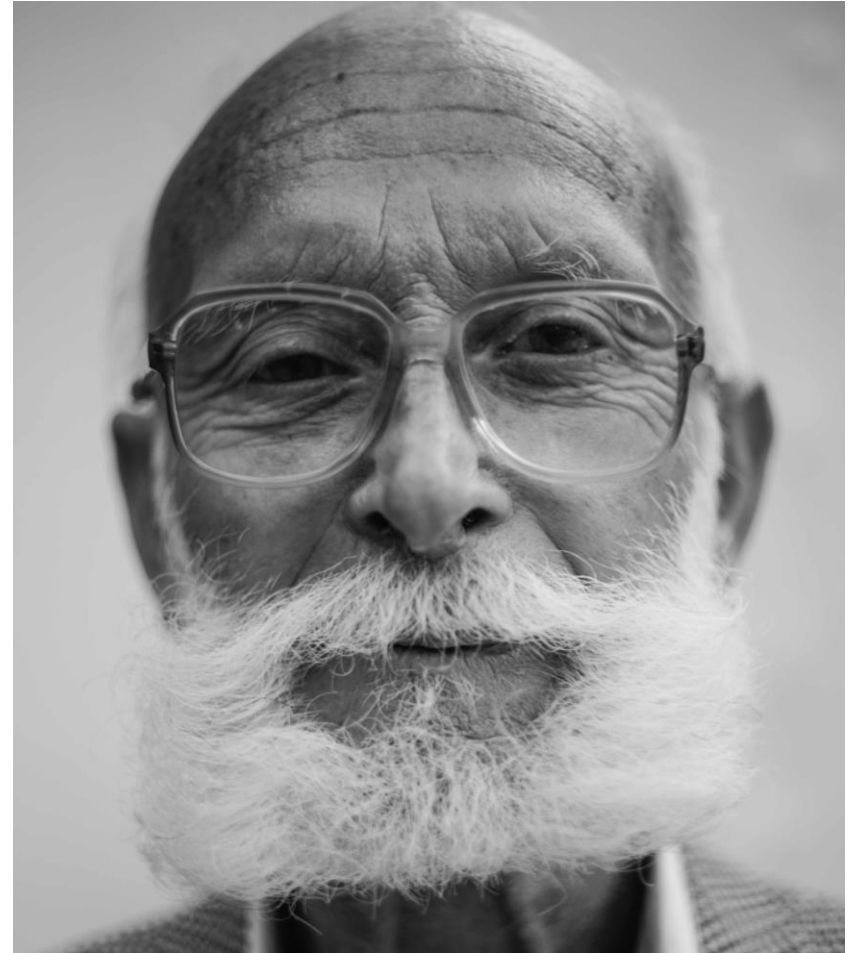
**DURACELL**<sup>®</sup>  
Extreem lange levensduur



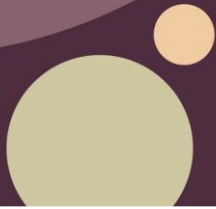
**DURACELL**<sup>®</sup>  
Extreem lange levensduur

Source: Roeland Dietvorst [AlphaOne] Neuromarketing World Forum 2018

Close up shots of faces  
can be used to generate  
emotional engagement  
and drive attention.



Sound.





We are wired to respond  
to music.

# Changing the soundtrack can have a big impact.

In this example the original Alicia Keys and Jack White soundtrack to Quantum of Solace creates quite a neutral reaction. However, when replaced with Duffy we see a much stronger reaction – arguably the latter is more in line with our expectations for a Bond soundtrack!

Congruency is key!

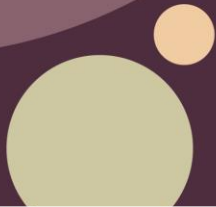


Click [here](#) for the original Alice Keys version  
Click [here](#) for the modified Duffy version

Soundtracks can have a  
big effect on our  
unconscious emotional  
experience – choose  
carefully before you  
make a big investment



Little things mean a  
lot.

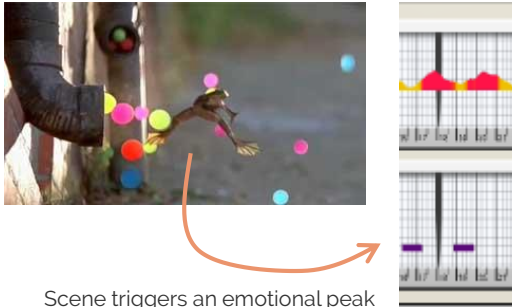




Even the smallest  
element can make a big  
difference.

# Neuromarketing to identify key emotional scenes.

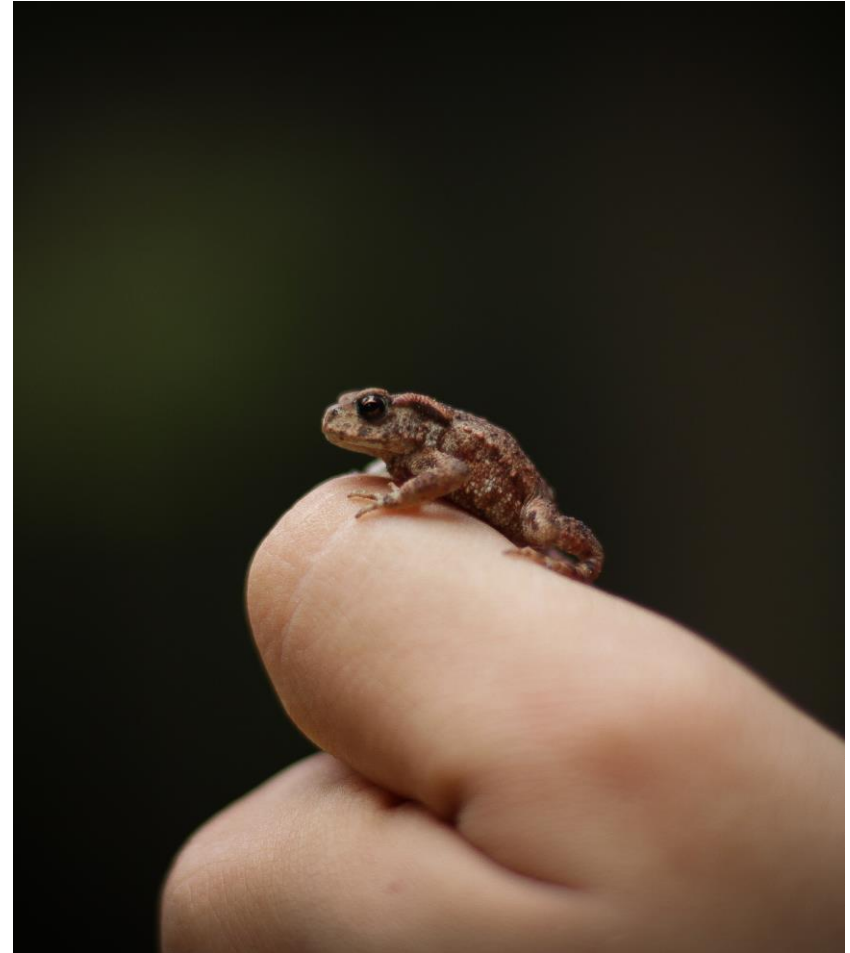
The frog jumping out of the drainpipe causes an emotional peak. Identifying key scenes, such as this, can aid cross comms. Key scenes can be used in other comms for better campaign recall and brand linkage.



The EEG results shown help us to understand Emotional and cognitive engagement. This emotional relevance is positive (approach) if it above the line with peaks in **red** and negative if below the line with troughs in **blue**. This helps us to predicts whether the execution conveys messages and imagery that are self-relevant to people and whether they identify with depicted persons, situations and overall story.

How our brain sews  
information together is  
complex. Tiny  
differences can have a  
huge impact.

What is your frog?



Thinking is to humans as  
swimming is to cats; they can do it  
but they'd prefer not to.

Daniel Kahneman

Thank you.