

Fine motor activities:

- Threading pasta onto string.
- Place dried spaghetti upright, thread cheerios onto the dried spaghetti
- Picking up raisins with a toothpick
- Using playdough – rollings, squashing, bury beads/small objects in the playdough can he get them out? Put the playdough in a twist container or tuppaware, can he get it out?, using cutlery to practise cutting skills with playdough, using scissors to cut playdough
- Help him to use pegs (get him to take them off stuff first e.g get some card you're your recycling, attach some pegs to it, can he squeeze them off)/hole punch/putting shoes on etc.
- Create holes in cardboard/old boxes and use some string or a shoelace to thread/sew
- When mark making, encourage these shapes: - l o they're the precursors for writing

Books/literacy/language:

- Aside from reading the story, look at the pictures, "can you find..... x" then once you've done this a few times encourage him to ask you to find things. Try saying "now its Albert's turn, Mummy can you find..."
- Change the characters/words in the books
- Watch the stories online
- Cbeebies bedtime stories
- Make paper puppets of favourite book characters and act it out e.g make a Gruffalo, Bert colour it, cut it out, stick it to a lollipop stick then read the book again with his own Gruffalo walking about, then hopefully he'll be able to take it outside and self-occupy for a while with it!

Outdoors:

- Just give him pots and spoons and jugs and water
- Write the numbers on the floor with chalk, once he's got some number recognition get him to do stuff like 3 jumps, 3 hops e.t.c
- If it's sunny draw round his shadow
- Woodwork! Hammers, nails, sawing
- Give him some scissors to cut the grass
- Draw a zoo outline/road on the patio for his animals/cars. At the end of the day he can wash/sweep this away
- In your big tray, put some soil and pots of water and wooden spoon and let him make potions etc
- Save any big bottles, half fill with water, decorate them and play skittles (also good for learning number recognition if you label them or counting how many you've knocked down)

Maths

- Puzzles

- You can use some of his old really simple ones too, hide a few pieces around the room so he has to go find them. The old warmer/cooler/closer/far away (once he gets the hang over this make it harder to build up his perseverance - hide them under things aswell)
- Snap/matching pairs
- With the dinosaur lotto game, try using it another way, take some dinosaurs, maybe like 6 of them, lay them out, then say to him things like "can you post the one with 2 legs/with sharp teeth/with tiny arms/with spikes/with yellow skin/that can fly" etc then he can post them into that box. Then build it up "can you post the one with and the one with" So that he's having to find a few at a time. You could always name them to start off with. As he get quicker at this, add more to the table so he's got to carefully remember and look for a number of items (this is building up his listening, his attention, his working memory, his language etc). Then once he's used to model him giving you a similar instruction. If you have any other kind of flashcards you can do a similar thing with that. You could even use his animals with questions like "find something that would like in a pond e.t.c" and then just get him to put it into a box or something. Kids love putting stuff into things.
- Number recognition games. Use playdough to make numerals, make playdough cakes and put 3 pretend strawberries on the top e.t.c
- Give him a big bowl of pasta/lentils/water and smaller spoons and ask him to transfer one it all to a smaller bowl
- Any cooking – mixing, pouring, stirring, spreading, cleaning – give him a bowl for washing things up

Bathtime/with a small bowl of water: give him a straw to blow bubbles

General:

- Kidstv123 really calming number and phonics songs
- Cosmic Yoga
- Can he help with hanging socks onto a clothes dryer, putting clothes into the washing machine etc