

Reception Activity Pack

Communication and Language Development

- Making puppets out of old socks, sticks, cardboard to support retelling of story.
- Read and reread familiar stories to develop vocabulary.
- Encourage your child to tell their favourite toy a story.
- Record a video of your child reading and play it back to them or send it to us on Tapestry or to a relative or friend.
- Story scribing – encourage your child to tell you a story and you write this for them. This can be acted out by the whole family.
- Read stories with repeated refrains, such as traditional tales or Julia Donaldson books.
- Eye-spy games eg something that is red, something that is r-e-d (using letter sounds)
- Make a musical band. Use saucepans and spoons, create shaker bottles using milk bottles and rice etc.
- Sing nursery rhymes and act them out.
- Silly rhymes.
- Shopping bag game. 'I went to the shop and I brought an apple.' Next person, 'I went to the shop and brought an apple, potato etc...
- Write a letter or card to a relative or friend.
- Create a story bag of favourite a story or create your own one.
- Play describing games – whats in the box, describing an animal or toy.

Personal, social and emotional development

- Establish a routine – make some visual cards with your child to represent this – eg breakfast time, exercise time, cooking time, bed time.
- Exercise time
- Snack time – preparing food, pouring own drink, washing up.
- Talking to your friends via facetime, skype, on the phone or writing letters and messages to post through their door.
- Sharing photos on Tapestry for your teachers to see.
- Dancing
- Jobs to do at home – eg loading the dishwasher, dusting, hoovering, tidying up their belongings, gardening, washing the windows, cars, bikes or scooters.

- Sharing a family meal – tell me something you have enjoyed doing today.
- Quiet time – time for children to rest and relax.
- Thank a community hero.
- Tell jokes.

Physical development

- Choosing your outfit for the day and getting dressed independently – including shoes and socks.
- Dancing – play musical statues or musical bumps and have a competition.
- Obstacle course indoors using cushions, tape as a line to follow etc.
- Jumping games
- Write a shopping list for when you go to the shops.
- Large paper – create marks to music, create a road for toy cars, draw a village – follow your children interests.
- Bubble blowing.
- Building – plan, design and create.
- Fill zip-lock bags with cooked porridge, shaving foam, washing up liquid, salt – tape the bag to the floor and let your child explore.
- Explore tools – any old electrical items can be dismantled and explored.
- Ball games – throw and catch, aiming at a target, skittles (use plastic bottles or cans from the kitchen.)
- Water painting.
- Chalk.

Extra ideas

- Card games – snap, memory games, building houses etc
- Play pass the parcel – wrap puzzle pieces in newspaper, wrap your fruit up.
- Cup games – 6 cups with 6 challenges inside, throw a ball (can make one out of newspaper) into a cup and do the challenge (eg do a star jump, clap 10 times, sing a song, do a crazy dance)
- Water play in the bath – use items such as scoops, ladles, whisks (no sharp objects)
- Ice play – freeze small toys or flowers in water and then explore.
- Washing toys.
- Colour mixing with colours ice cubes.

- Cardboard boxes.
- Play with your favourite toys.

Cooking

- Smoothies using frozen fruit
- Flapjacks
- Wraps for lunch
- Pizza (can use pittas or wraps as the base)
- Fruit skewers
- Fairy cakes
- Porridge
- Pancakes
- Toast/ spreading
- Popcorn

Online resources

- Numberblocks on cbeebies
<https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks> , there are also activity linked to them on the NCETM website.
<https://www.ncetm.org.uk/resources/52060>
- <https://fiveminutemum.com/>
- <https://www.bbc.co.uk/cbeebies/radio>
- <https://www.natgeokids.com/uk/>
- <https://theimaginationtree.com/>