

Wellbeing *at* colart

2020

Wellbeing programme

SUMMARY

INTRODUCTION

Vision & Wishes	3
The word of the Chief People Officer	5

MENTAL WELLBEING

Initiatives for mental health	8-9
Artistic activities	10
Woman's Day	11-12
Day in life	13

PHYSICAL WELLBEING

Sporting Activities	17
Desk Yoga & Plank challenge	18

SOCIAL WELLBEING

Pot luck	20-21
Initiatives	22
Environment	23
Sustainable Development Workshop	24
Christmas & New Year	25-27
Help for children	28

CONCLUSION

List of Wellbeing Ambassadors	30
----------------------------------	----

OUR VISION

Inspiring Colart's People Through Living Up To Our Promises By Focusing On Their Wellbeing

OUR WISH

- Making each person ENGAGED and PROUD both in their personal and professional lives
- Building TEAM SPIRIT and collective social and environmental commitment
- Supporting END-TO-END WELLBEING (mental, physical, spiritual and emotional) in and out of Colart



Sharing common values : the values of Colart and the values of art

Sustainably develop our relationship with each other and our environment

Succeed together in the long term to re-energise & share in the beauty/creativity of art

Value our work and leverage our skills & energy to maximise the wellbeing of the greatest number

**Inspiring
every person
in Colart.**

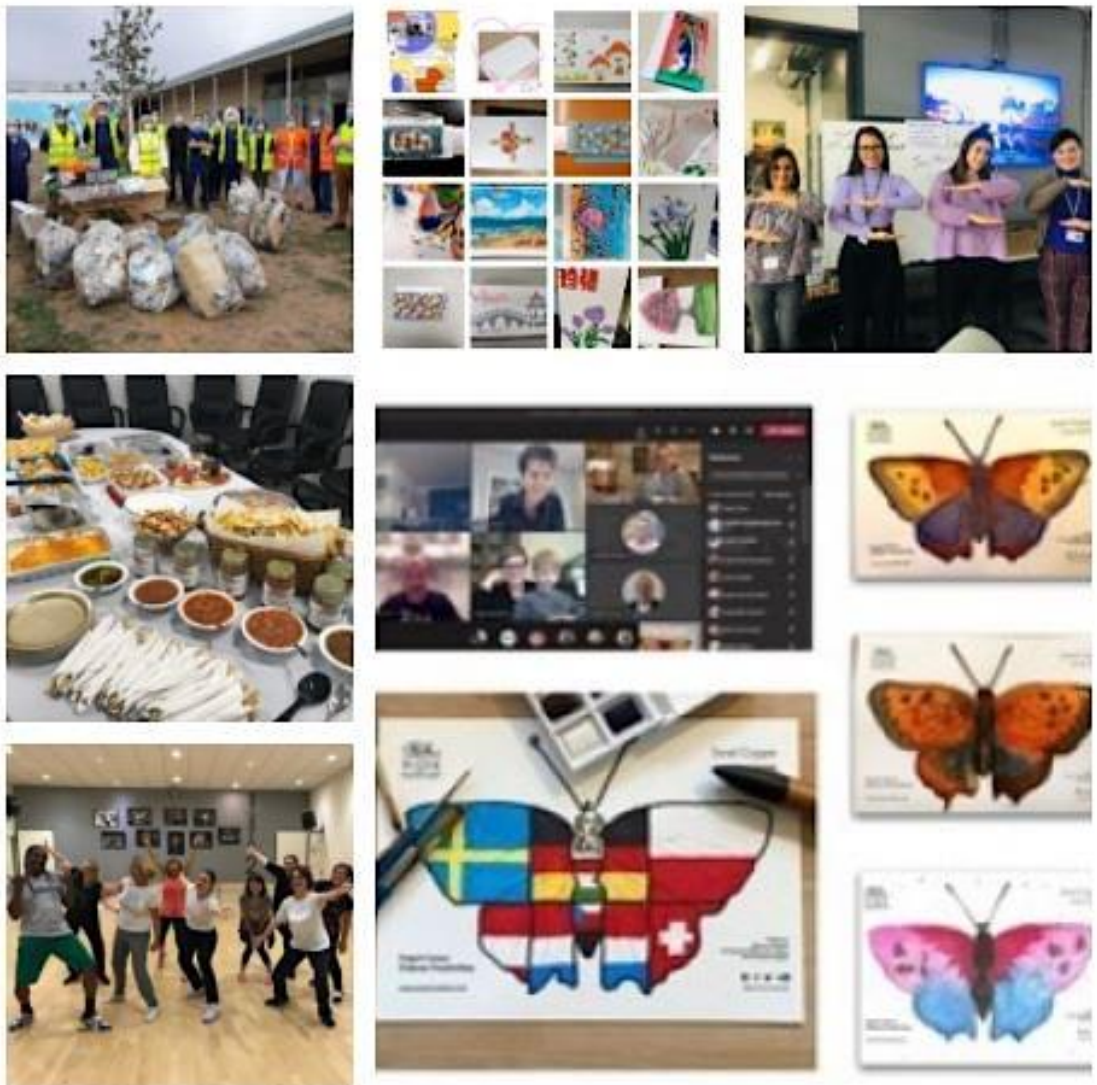
”

At Colart we are committed to **focusing on the whole person** through responding to the **social, physical and mental wellbeing needs** of our people.

2020 was a year like no other to demonstrate this **People First** message as, without our health, whether mental or physical, we cannot achieve our personal and professional goals.

It is therefore, with great pride that we share the wonderful activities that took place across the business last year despite the challenges of COVID-19. And our thanks go to every Wellbeing Ambassador for making “**welldoing**” a reality.

By Jane Beeston – Chief People Officer



MENTAL WELLBEING

来自白鹤滩新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

奉献精神和中国速度——来自白鹤滩工程新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

来自白鹤滩新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

疫情感悟——来自白鹤滩新质生产力的分享

疫情发生以来，广大干部职工坚守岗位，默默奉献，展现了白鹤滩人的责任担当和奉献精神。在抗击疫情的过程中，我们更加坚定了信心和决心，为打赢疫情防控阻击战贡献了力量。

来自白鹤滩新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

来自白鹤滩新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

疫情期间的感谢——来自白鹤滩新质生产力的分享

在抗击疫情的过程中，我们得到了社会各界的关心和支持，对此表示衷心的感谢。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

疫情下的柯雅管理——来自白鹤滩新质生产力的分享

在抗击疫情的过程中，我们借鉴了柯雅集团的管理经验，提高了工作效率和管理水平。我们将继续学习借鉴，不断提升管理水平。

来自白鹤滩新质生产力的分享

白鹤滩水电站是国家重大工程，也是我国自主设计、自主建造、自主运营的世界级水电站。在项目建设过程中，广大干部职工发扬了“两利三义”的白鹤滩精神，为工程顺利推进贡献了智慧和力量。

疫情期间的感谢——来自白鹤滩新质生产力的分享

在抗击疫情的过程中，我们得到了社会各界的关心和支持，对此表示衷心的感谢。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

疫情期间的感谢——来自白鹤滩新质生产力的分享

在抗击疫情的过程中，我们得到了社会各界的关心和支持，对此表示衷心的感谢。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

疫情期间的感谢——来自白鹤滩新质生产力的分享

在抗击疫情的过程中，我们得到了社会各界的关心和支持，对此表示衷心的感谢。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

colart 天津柯雅战疫特刊

来自柯雅集团英国总部CEO的暖心问候

Just a short message to say how much we appreciate you and your team for the support you have given us since we started the Covid-19. You are our China and Japan of the Colart Group. We are very grateful for your support and we will continue to work with you to overcome the challenges we are facing.

It is never easy to handle appreciable situations outside your control but I fully trust you will look after our people and our business in the best possible way. Information given by both the UK and Chinese governments will give you the clarity you need to manage what you can.

All the best and we do thank you for the support you have given us. We are very grateful for your support and we will continue to work with you to overcome the challenges we are facing.

Best regards,
Dennis
丹尼斯

天津柯雅战疫

Come on CTAM! 加油 天津柯雅

A call for action 行动召唤

Dear Sirs,
I am writing to you to express our sincere appreciation for the support you have given us since we started the Covid-19. You are our China and Japan of the Colart Group. We are very grateful for your support and we will continue to work with you to overcome the challenges we are facing.

It is never easy to handle appreciable situations outside your control but I fully trust you will look after our people and our business in the best possible way. Information given by both the UK and Chinese governments will give you the clarity you need to manage what you can.

All the best and we do thank you for the support you have given us. We are very grateful for your support and we will continue to work with you to overcome the challenges we are facing.

Best regards,
Dennis
丹尼斯

应对新冠，我们更加团结

NCP, make us more united

面对新冠疫情，我们更加团结，更加紧密地联系在一起。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

应对新冠，我们更加团结

NCP, make us more united

面对新冠疫情，我们更加团结，更加紧密地联系在一起。我们将继续发扬白鹤滩精神，为打赢疫情防控阻击战贡献力量。

Mental Wellbeing describes your mental state – how you feel and how well you cope with day-to-day life - China

“

Wellbeing program has helped us cope with not only work-related stress, but also the stress experienced during the Covid-19 pandemic period

– by Ms. Annie Lu, China

”

Wellbeing provided us an opportunity to enhance friendship among colleagues and find the other's talent.

– by Miss Bonnie Hao, CTAM

MENTAL WELLBEING

Initiatives For Mental Health



Almost empty offices :

The lockdown forced most of the NE staff to work from home.

Team NE offered the empty office space to primary school teachers for online lessons and the Dutch Guide Dog association to use the office for practice training.

From Colart Northern Europe

MENTAL WELLBEING

Initiatives For Mental Health

”

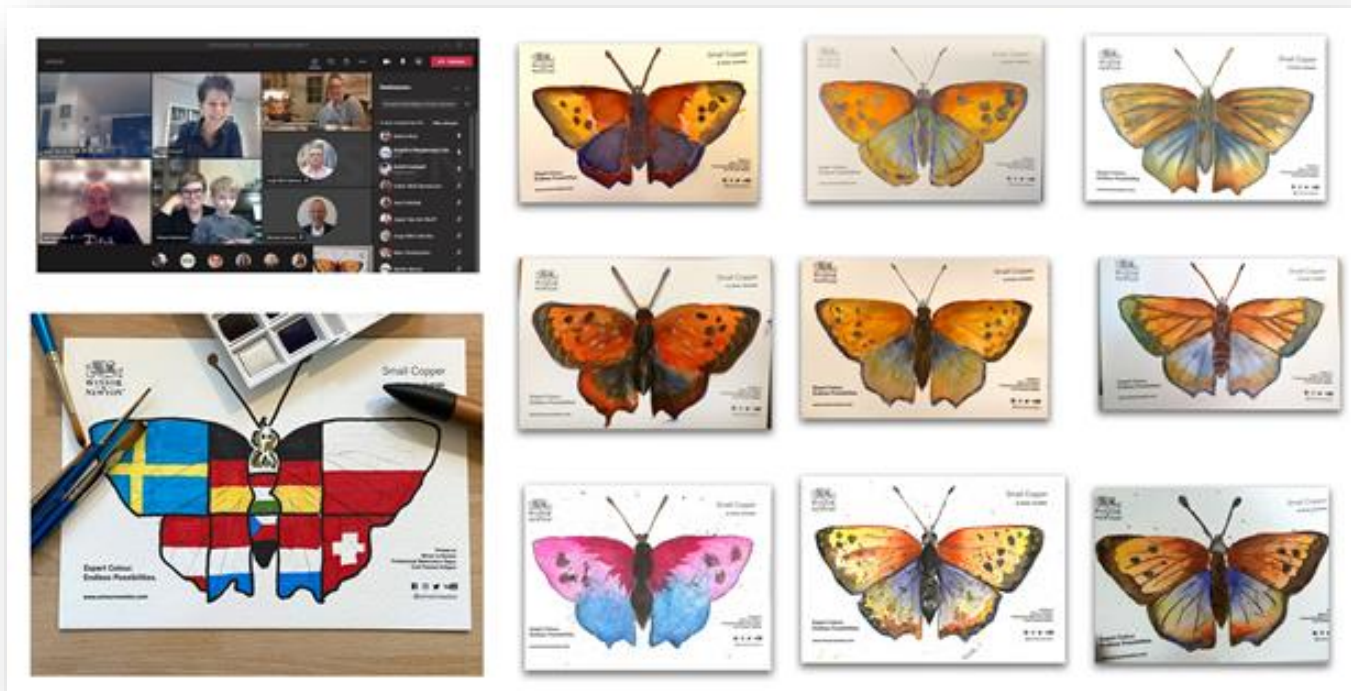
A bit Team wellbeing at the end of a fantastic year :

On November 26th, we held a Teams livestream session, led by Mirjam Martinovic and Robert Rost in which we all together created a butterfly in its most beautiful and festive regalia.

It was so great to see almost 30 team members coming together to craft, explore and create!

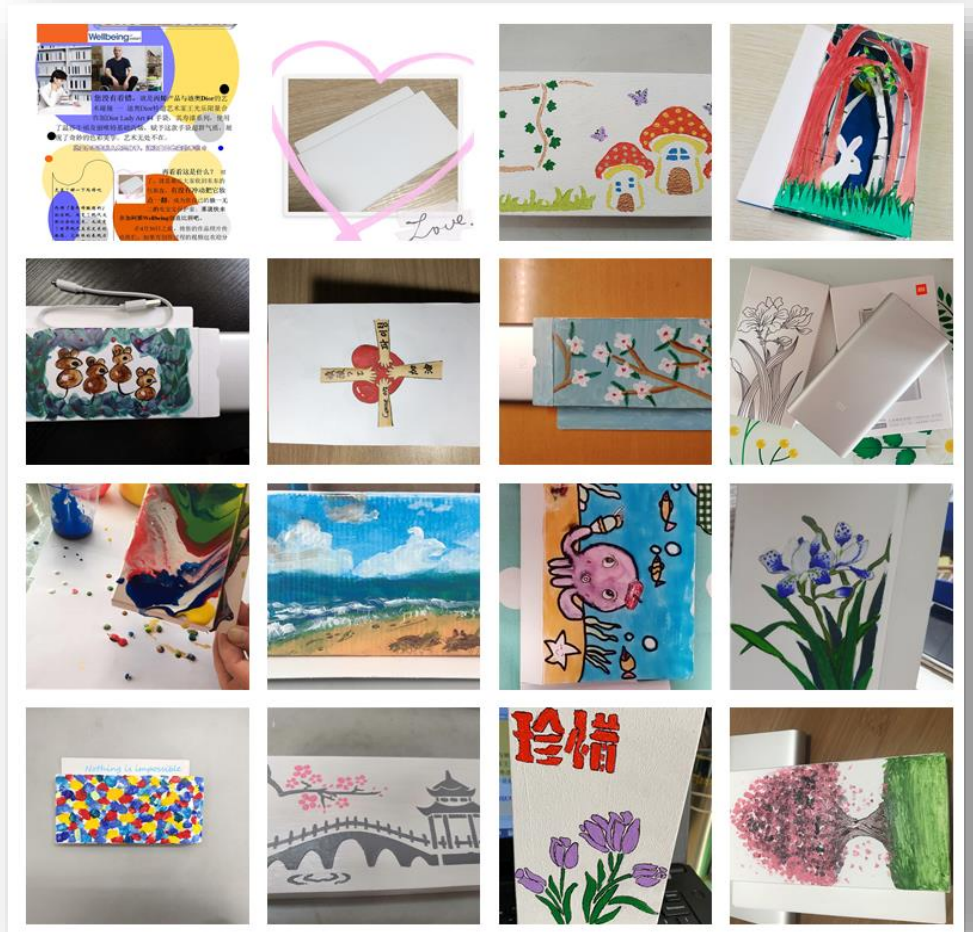
On the picture you can see an impression of the happening and just a few of all the great butterflies which had been created.”

- by Robert Rost. Northern Europe



MENTAL WELLBEING

Artistic Activities



Inner box creative competition – China



Succulent plants pot design workshop - China

”

Online interactive sharing is main highlight of this year's wellbeing

– By Ms. Jie Zang,
CTAM

MENTAL WELLBEING

Woman's Day

Cinema session – France



”

It was a very **nice** activity that allowed us all to have a **good time**.

– by Anais Maria, France

”

It was very **good and interesting**. A lot of friendliness. it allows to see colleagues outside the site and to exchange on the film and more generally.

- by Carole Pourcher, France

MENTAL WELLBEING

Woman's Day



”

Colart is a progressive business and one I am proud to working for. Celebrating International Women's Day in the way we did in Kidderminster was a great example of this where we were able to acknowledge and share wonderful examples of roles of women in the workplace and celebrating the contribution that so many people in Colart make to our business. It was a wonderful day that Gail and I were delighted to be a part of. Special thanks to Jan and Hayley for making this happen.

– By Anthony Taylor, UK



Woman's day celebration webinar. Physical and Mental health – China

MENTAL WELLBEING

Day In Life

Day in Life has already been developed for France and has been a great success with more than 50 people registering again this year.



Day in life - France



Day in life - France

”

I was **very well received**. They gave me time. I thank them. I **enjoyed** being on the ground to face their daily problems.

- by Sonia Bergeot, France

”

Good experience, very satisfied with this day. An **interesting job** that could interest me.

- by Guillaume Bouet, France

PHYSICAL WELLBEING



Afro djembel session - France

Physical Wellbeing is the general condition of one's **body and mind**.

”

Well pleasing this recovery **all together**.

- by Sonia Chaligne, France

”

Nice discovery and very **good atmosphere**.

- by Mathilde Sieczkarek, France

PHYSICAL WELLBEING

Sporting Activities



”

I really **enjoyed wellbeing Wednesdays**. It was very interesting to watch how much everyone sweated and danced to maintain balance

— by Deepa Thiagarajan, NA



”

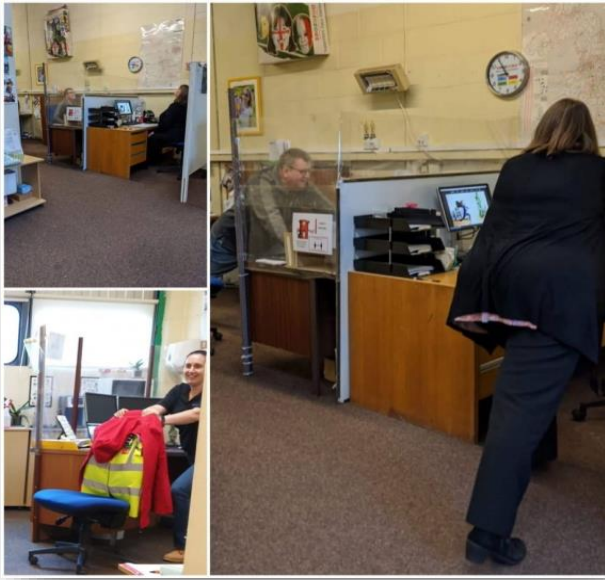
The words that come to mind from the challenges are pain but in a **good way, and fun, laughs and good sportsmanship**.

— by Jimmy Leslie, NA

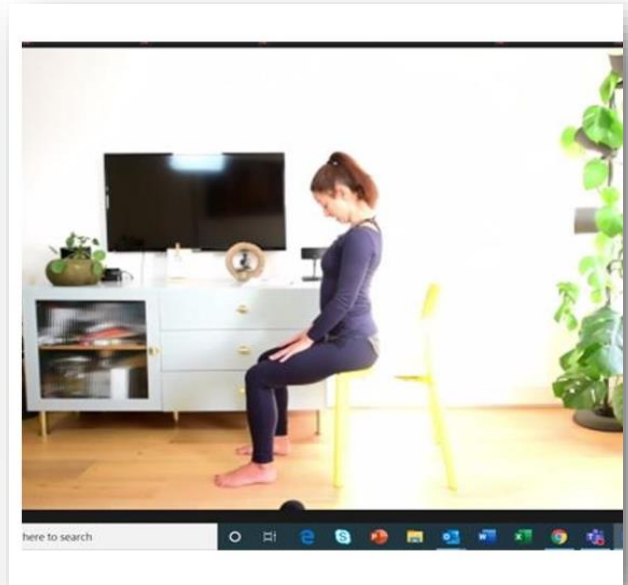


PHYSICAL WELLBEING

Desk Yoga & Plank Challenge



Desk Yoga UK HO 2020



”

I've just tried the desk yoga from the Colart News and **feel so much better** for it, thanks for this great initiative.

- by Jan Lennon, UK

Move it Monday Plank challenge – UK
HO 2020





Potluck – USA

Social Wellbeing relates to how people make friends and whether they have a **sense of belonging**.

”

The potluck was great. I feel nostalgic thinking about everyone having a good time eating together. There were several dishes I'd describe as “amazing” and I felt proud of my baking skills after getting a few compliments on my oreo brownie cheesecake.

– by Brad Pironciak, NA



Team lunch - NA

SOCIAL WELLBEING

Initiatives

At Colart in France, employees took the initiative to clean up the site.



”

Friendly atmosphere. It is not difficult to do and it creates the feeling of having been useful ; although it would be necessary to start over to prevent waste from accumulating too quickly. A regular ritual (monthly for example) should be planned.

- by Vincent Bondoux,
France



SOCIAL WELLBEING



Potluck – USA

”

Wow ! We're not wearing masks nor respecting social distancing in these pictures ! Some days it is so hard to remember our life before - we didn't know how carefree we were!

The feelings and memories these images invoke are camaraderie, laughter, teamwork.

— by Kelly Kline, NA

”

- Good times !
- Disappointment in a sense that these days are no longer be.
- Excitement to be part of something amazing and fun.
- Good people !
- Damn you COVID !

— by Eric Villanueva, NA

SOCIAL WELLBEING



From Colart International

Colart internal charity

Supporting Team CCI with a fantastic International Frankfurt Fair.



SOCIAL WELLBEING

Environment



IT recycling

1 server, 4 PC's, 3 laptops, 7 mobiles, 34 phones, 8 adapters, 86 cables...; total weight 176 kg. "sold" to a recycling company for € 0,61 / kg.

Money donated to WWF.

SOCIAL WELLBEING

Sustainable Development Workshop



”

This workshop was very interesting. I didn't dare to start making products and I realized that it was **really easy** ! I tested the toothpaste, I find it pleasant in the mouth and I feel like I have cleaner teeth.

- by Laurence Dubin, France



Workshop 0 waste – France

SOCIAL WELLBEING

Christmas



Christmas diner – CTAM

SOCIAL WELLBEING

Christmas

Christmas jump day -
Kidderminster



Christmas lunch
- France

SOCIAL WELLBEING

New Year



New Year Lucky Draw –
CTAM

SOCIAL WELLBEING

Help For Children Affected By Chernobyl



A foundation that supports kids in Chernobyl, after the nuclear disaster.

This year, well supported by DIY customer Bauhaus, we donated 12 pallets of creative products.

From Colart NE



QUESTIONS OR COMMENTS ?

Feel free to contact your **wellbeing ambassador** :

WELLBEING COORDINATOR - FRANCE	
Carole Briquet	
LE MANS Sonia Bergeot Geoffroy Cormier Anita David Marc Dumesnil Marie Loones Line Meziere Delphine Moquereau Kevin Viaud NORTH AMERICA April Edwards HEAD OFFICE – UK Cris Cosgrave Irene Rubio KIDDERMINSTER – UK Hayley Griffiths Jan Lennon	FRANCE Elise Gerault INTERNATIONAL Manon Roucan CTAM/CHINA Lucy Zhang IBERICA Marta Tinocco MINEHEAD – UK Amanda Giess Mandy Rich Lucy Franklin Dave Gibbs

In 2021
let's add color to our
lives & reinvent our
wellbeing at work
once again !

Wellbeing ^{at} colart



Liquitex®

LEFRANC
BOURGEOIS
PARIS

snazaroo™

Conté à Paris™
DEPUIS 1794

ELEPHANT