



LifeWorks

# Welcome to LifeWorks!



## Feel supported, connected and rewarded.

LifeWorks is an exciting and innovative well-being solution that:

- Supports you with a confidential **Employee Assistance Program (EAP)** and well-being resource, available 24/7 by phone, online, and by mobile app.
- Connects you to information, tips, and updates to support your well-being and success at work.
- Rewards you with a range of special offers and **Perks**, helping you save money on daily essentials and luxury brands.

Watch for your one-time sign-up instructions to create your personal account on the LifeWorks platform.

Online:

[login.lifeworks.com](https://login.lifeworks.com)

Download the free app for iOS or Android - simply search for 'LifeWorks'.



For EAP services, we are here for you any time 24/7:

Call us:

En español:

Share LifeWorks with your friends and family

You can invite family members and significant others to access confidential help and advice on hundreds of topics available on the LifeWorks platform. Simply access the LifeWorks website, then under "Profile" select "Family" and "Invite Family Members".

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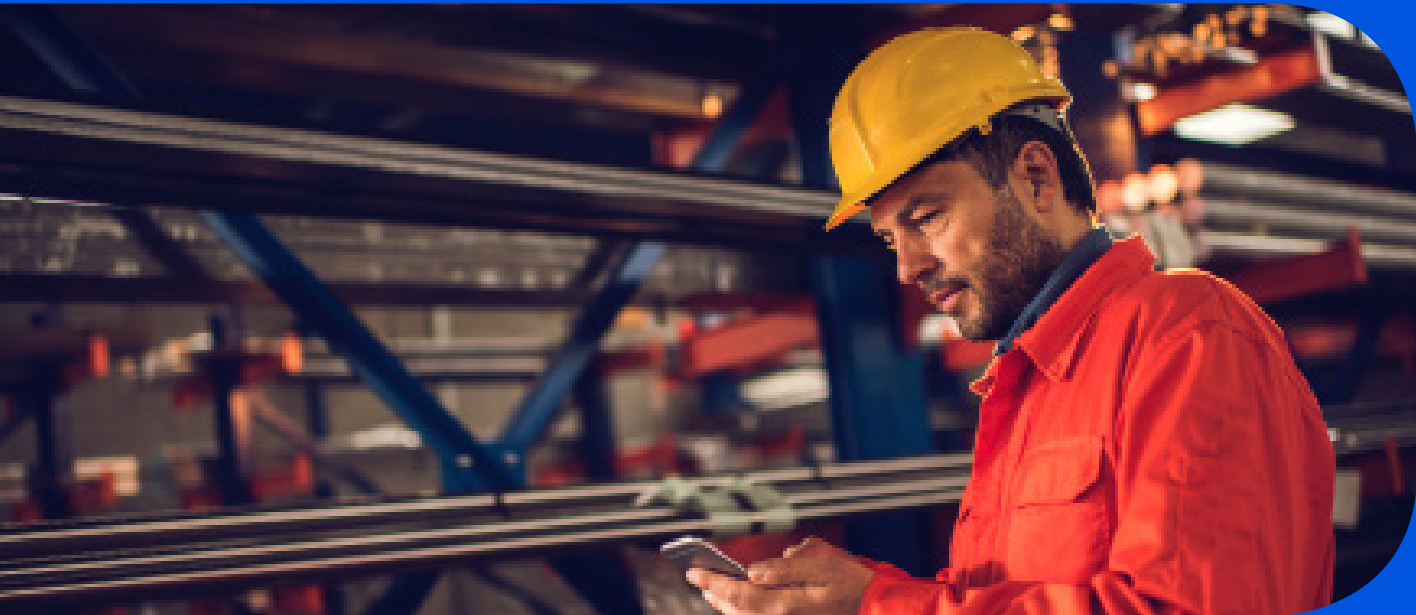
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