




Daxin

Online Portal Introduction



Daxin is an online portal providing physical and mental health service based on H5 technology.

01

Easy to access

with perfect API interface, it can flexibly connect with various office platforms and applications

03

Continuous upgrading

the function would be continuously updated and upgraded;

02

Capacity of single point of concurrency

support tens of thousands of simultaneous login, information browsing and service booking

04

Flexible customization

according to the actual needs of enterprises, the content and service can be customized to meet different service scenarios;

Functions of Daxin



**Psychological
Self screening tools**



Counseling Appointment



Video Clip (coming soon)



Mindfulness (coming soon)



Featured Articles



Physical Health Tips



Headline

Navigation bar

- Counseling Appointment
- Featured Articles
- Self screening tools
- Physical Health information

Weekly articles

心理测试 查看更多 >



测测你有下班自由吗?
下班后的你有得到你想要的吗?

专业



测测你是戏精吗?
GET你的戏精指数

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答心



我要咨询



我的

Psychological self screening tools

Recommended Professionals

Function1 : Counseling reservation



Select counselor by filtering conditions

Such as issues, city, way to conduct counseling



Browse qualifications of 100+ counselors

Includes qualifications, clinical experience, training background and user's feedback



Make the reservation for next two weeks

Choose the preferred time slot instantly



Personal profile

Employee is able to find personal history record

Steps to make an appointment



Select a counselor



Select time slot



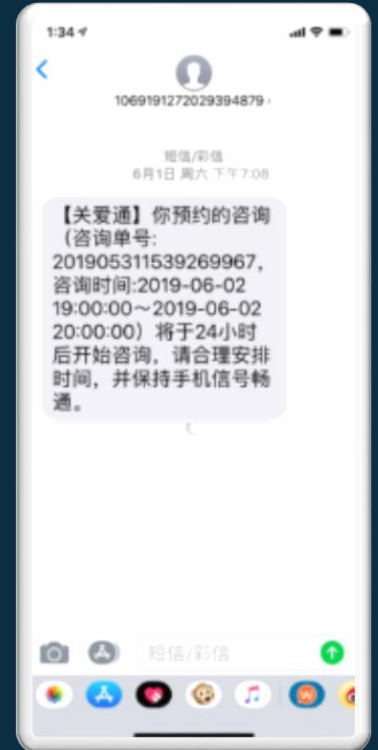
Confirm the Agreement



Receive reservation SMS



Reminder SMS
1 day before session



Function2 : Featured Articles

✓ A variety of topics including



Stress Management



Family Relationship



Interpersonal Communication



Weight Management



Career Development



Parenting Skills

3

如何减少病耻感

回顾一下过去公众对传染病的态度，你就会发现对疾病的污名不仅仅体现在心理疾病上，艾滋病、肺结核、新冠肺炎等疾病都饱受污名。



如果你对艾滋病有所了解，你就会知道现在艾滋病已经成为一种可以控制的慢性病。而且在怀疑自己患有艾滋病的72小时内以最快的速度去疾控中心或市级医院遵照医嘱连续服用阻断药，也能有效防止自己患病。

但我们依旧会看到“在怀疑自己患有艾滋病后立刻选择自杀”的相关新闻，这其实就是公众对艾滋病的污名影响到了个体对艾滋病的态度，从而造成的悲剧。

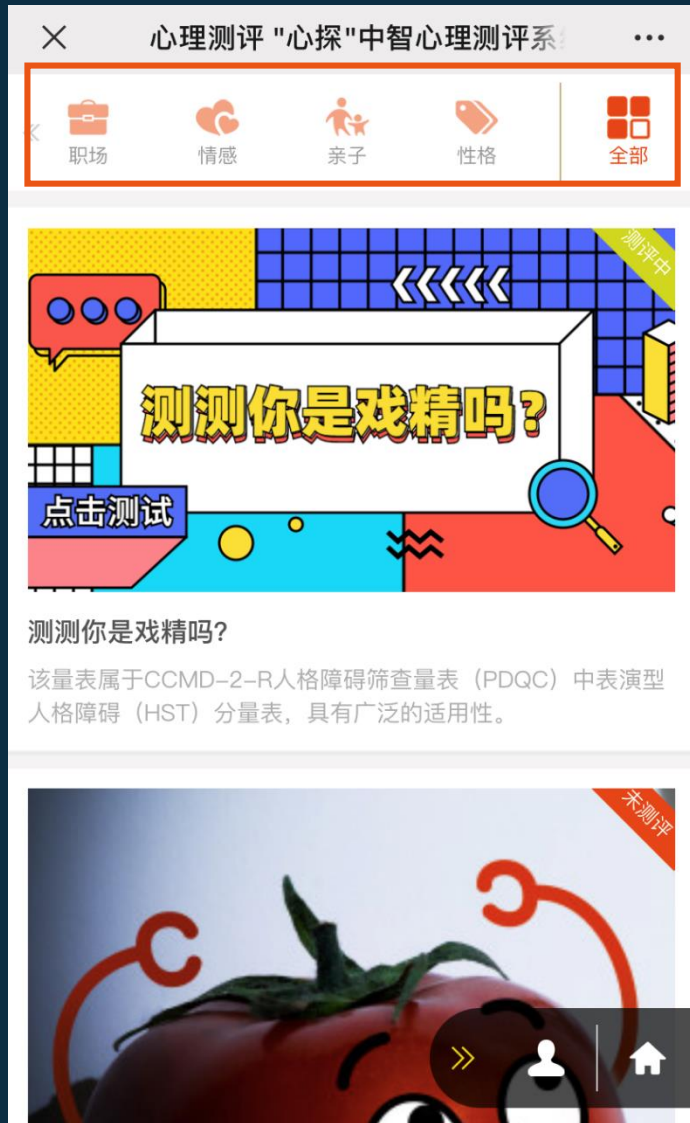


可能会产生一系列负面思维：

- “我得了这个病，周围的家人朋友还要一直照顾我的感我真是他们的负担……”
- “点也不想要见到熟悉的朋友，好想去一个没有人认识地方……”
- “配拥有恋爱这种美好的东西……”
- “怕有人会和我谈论我的病……”
- “讨厌这个得病的自己……”
- “想告诉任何人我有病……”

病耻感会降低个体的自尊、使得社会关系受求助推迟、治疗的延长或提前终止，这些都会或加重心理疾病，极大妨碍疾病的治疗和康

Function3 : Psychological screening tools



- 28 tests/inventories to use for free;
- Screening tools covers 5 dimensions, including workplace/ emotion/ parenting/ personality/ health;
- Users receive personal reports instantly.

Rewards



2018, Golden Prize of innovation in EAP industry

2017, Award of Innovation service in Human Resource Area



Thank You

中智职业心理健康中心

成立于2002年，隶属于中智集团旗下的中智关爱通（上海）科技股份有限公司。十余年来，我们始终追求更好的产品和服务，为组织提供专业的、全方面的员工援助项目（EAP），帮助组织建立多层次、全方面的职业心理健康管理体系。

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