

Wellbeing *at* colart

2021
First semester
Wellbeing program

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WELLBEING AMBASSADORS

CONCLUSION

OUR VISION

Inspiring Colart's People Through Living Up To Our Promises By Focusing On Their Wellbeing

OUR WISH

- Making each person ENGAGED and PROUD both in their personal and professional lives
- Building TEAM SPIRIT and collective social and environmental commitment
- Supporting END-TO-END WELLBEING (mental, physical, spiritual and emotional) in and out of Colart



Sharing common values : the values of Colart and the values of art

Sustainably develop our relationship with each other and our environment

Succeed together in the long term to re-energise & share in the beauty/creativity of art

Value our work and leverage our skills & energy to maximise the wellbeing of the greatest number

OUR NEW AMBASSADORS

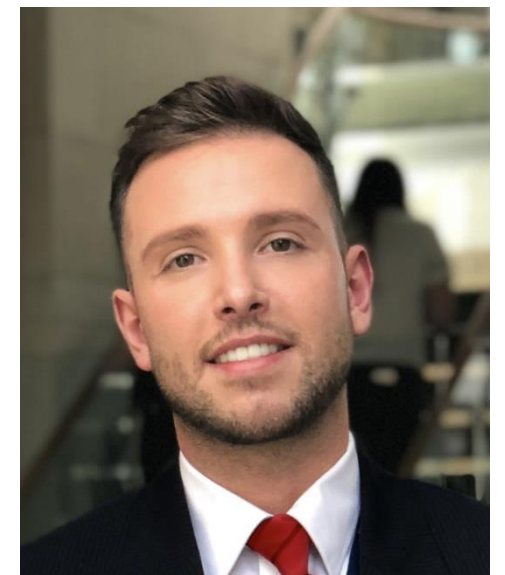
Our wellbeing ambassadors are the ones that make the difference with respect to our ongoing wellbeing activity so first and foremost we are pleased to welcome three new ambassadors:

Italy : Alice Villani

London Hub: Charlotte Caton and Kris Gebis

An interview of Kris Gebis :

Kris, What does Wellbeing mean to you ?



To me, Wellbeing is understood as experiencing life satisfaction across different factors, such as economic, social or personal. In a work context it is about having a good day, being empowered and fit to achieve my potential.

What sort of Wellbeing initiatives and activities has the Wellbeing team launched in Head Office?

There are all sorts of different initiatives and activities that contribute to the Wellbeing of our employees such as quiet/meditation zone in the head office. The London Hub project initiatives are to organize Welcome Drinks in September, Elephant Space is purchasing a BBQ which will allow us to gather all together and engage as a team - this is a great way to meet colleagues and provide some work/life balance to our routine. Furthermore, there is a Wellbeing even calendar which is a great way of planning ahead some events, for example for Halloween, Christmas etc.

What has been the most exciting, interesting or important initiative that you have seen the Wellbeing team perform?

The very interesting/exciting and, undoubtedly, important initiative was recently shared by Jan Lennon. It is to inspire and 'wake up' the inner artist by designing a Christmas Card Challenge 2021. This was a fantastic idea to introduce people to the world of art and engage in collaborative activity. In a way, this initiative will contribute to the wellbeing due to the fact that any artistic activity is proven to help in stress reduction and relaxation.

MENTAL WELLBEING

MENTAL WELLBEING



Woman's day and Children's day in Colart Tianjin:

Like every 1st June, children in China celebrate International Children's Day. It is almost a holiday in the schools; so the children take advantage of this moment to carry out playful activities, performances, shows...



MENTAL WELLBEING



Choose to challenge for woman's day :

March 8 is International Women's Rights Day. Worldwide, it resonates as an invitation, an appeal, an incentive to act for gender equality, and more broadly for diversity and inclusion. This year, the ambition holds in three words: **choose to challenge.**

Assistant

#ChooseToChallenge signifie pour moi des meilleures conditions de vie et de travail pour toutes les femmes du monde entier.

#ChooseToChallenge means for me better living and working conditions for all women around the world.



What does #ChooseToChallenge

I will challenge the belief we've achieved gender equality in the UK #choosetochallenge



What does #ChooseToChallenge

#ChooseToChallenge means to me that we should continue to enrich further our personal and professional lives through more inclusion, diversity and equality in all we say and do.



What does #ChooseToChallenge

Différents et égaux
Different and equal



What does #ChooseToChallenge

No gender stereotyping behaviour at home to be an example for my boy and 2 girls!



What does #ChooseToChallenge

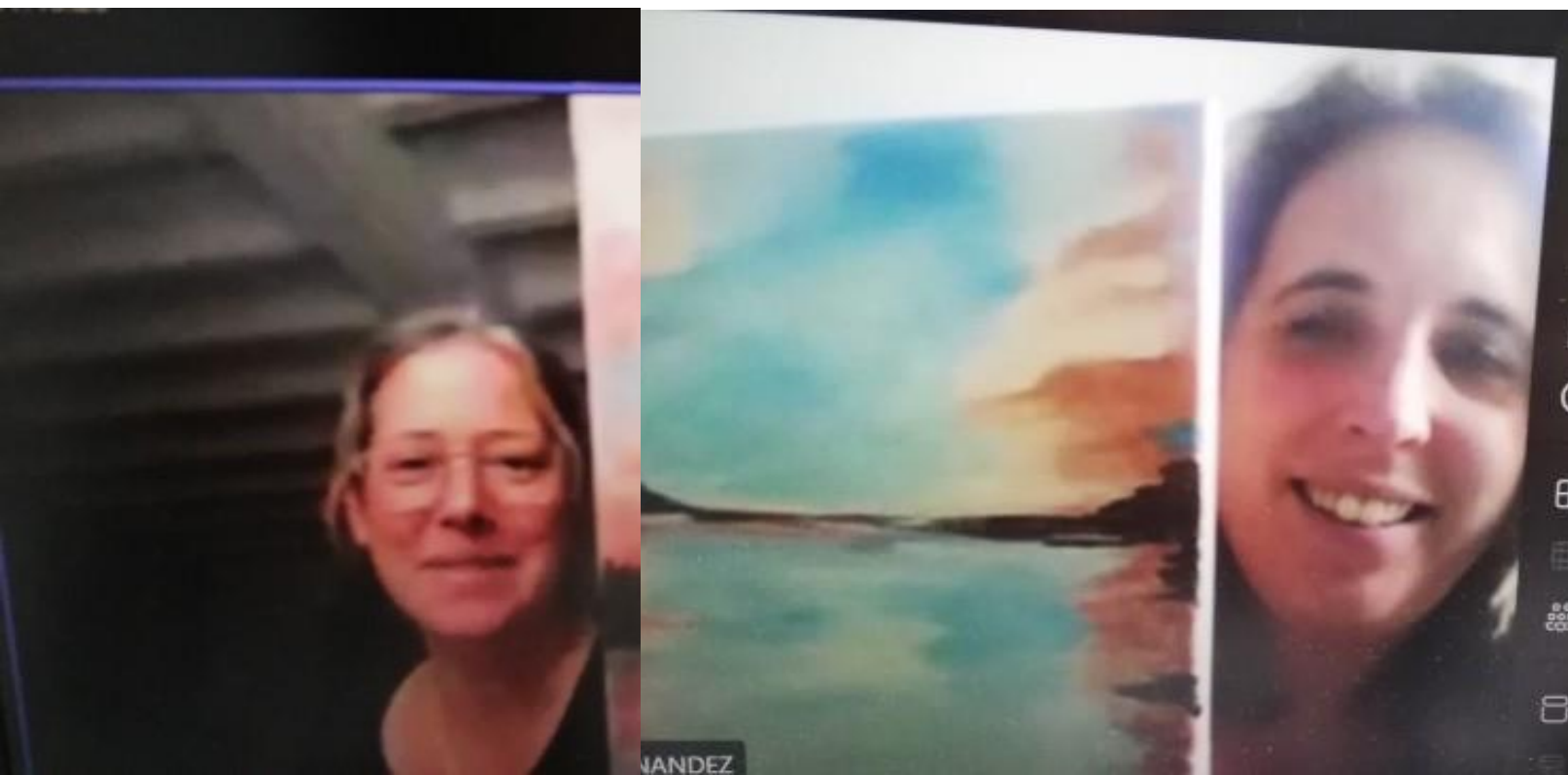
MENTAL WELLBEING

Color and painting workshop in Colart Tianjin



MENTAL WELLBEING

Painting a landscape with Laurent Blandin (artist)



”

“The wellbeing painting workshop allows to discover the use of products manufactured within the company while discovering a pictorial technique and awakens employees to art”

- By Laurent Blandin, Colart France

MENTAL WELLBEING

Green life style lecture
and Leather product
workshop in Colart
Tianjin



Wellbeing at colart

MENTAL WELLBEING



Museum Thyssen Madrid – Exhibition Georgia O'Keeffe from Colart Spain



Museum CAC Thyssen Malaga – WN Oil workshop from Colart Spain

PHYSICAL WELLBEING

PHYSICAL WELLBEING

Afro Djembel session at le Mans



”

It feels good a little exercise!
See you on the track. — By Carole Briquet

”

Thank you for this
moment of sharing—By
Dominique Touchard



PHYSICAL WELLBEING

Supporting our health eating in Colart North America with a food truck for people in the Distribution Centre



SOCIAL WELLBEING

SOCIAL WELLBEING

Gardening session



Fran, Liza, Marcia, Sue, Julie, Ahmed and Jo from Colart Kidderminster busy at work with their spades clearing the weeds



SOCIAL WELLBEING

Colart China activate donations in the community



SOCIAL WELLBEING

Distribution of chocolate for Easter in Colart Le Mans



Posting Easter Eggs to people on Furlough in Colart Minehead



QUESTIONS OR COMMENTS ?

Feel free to contact your **wellbeing ambassador** if you have any questions, comments or ideas:

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HEAD OFFICE – UK Kris Gebis Charlotte Caton	CTAM/CHINA Lucy Zhang
KIDDERMINSTER – UK Hayley Griffiths Jan Lennon	IBERICA Marta Tinocco
	ITALY Alice VILLANI
	MINEHEAD – UK Amanda Giess Mandy Rich Lucy Franklin Dave Gibbs

During the first
semester of 2021 ,
We have added
colour to our lives,
and this is not the
end ...

Wellbeing ^{at} colart



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